



# PLEASE HELP PLANET EARTH!

A Ladybird Eco Book

This book helps show how important it is to look after our world.

Explore with your child simple, easy ways everyone can help planet Earth. The book is made from recycled board and plant-based inks.



## Plastic Bottle Planter



Plastic bottles can make fantastic hanging planters for a kitchen window or garden. By recycling plastic bottles and growing plants it helps the environment and is fun to do.

### What you need:

Plastic bottle • Scissors • Pen • String • Soil

### Instructions :

1. Remove the cap and label from the plastic bottle and draw a large circle half way down. This will become the opening for your planter.
2. Ask an adult to help you to cut out the circle on the side of your plastic bottle and make a small hole on either side of the top of the bottle.
3. Feed the string through the holes and tie the ends together.
4. Put some soil into the hole and plant a seed/plant of your choice in your bottle.
5. If you're planning on hanging your planter outdoors, make a few holes in the bottom of the bottle to allow for drainage.
6. Your planter is now ready for hanging, water your plant regularly.

### Talk about the book.

Think of three things that your family could do to help planet Earth. You could use some of the suggestions in the book.

## I'm a Little Bean Song

(To the tune of I'm a Little Teapot)

**I'm a little bean seed small and round.**

(curl up on the floor)

**Bury me deep into the ground.**

(sung in very low, deep voice)

**Sprinkle me with water,**

(act out watering can)

**sunshine too.**

(hands out wide)

**Watch me grow as tall as you.**

(stretch to the sky)

