



BUSY DAY - ASTRONAUT

by Dan Green



Find out about a day in the life of an astronaut.

As you read, discuss what is happening in the pictures and leave time for your child to join in.

Getting ready to go out.

This is a brilliant opportunity to chat with your little ones and help them learn a life skill.



Pick an item of clothing and talk your child through the process of putting it on. Do they know what the item is for and why it's important to wear it?

They could have a go at putting on simple items such as wellies by themselves. Don't forget to be patient with your child and give them time to work it out on their own, this boosts their self-confidence and resilience.

www.bbc.co.uk/tiny-happy-people/lets-get-ready/z64grj6



Nature Pictures

Go for an autumn walk and collect some sticks, leaves and stones.



Can you and your child make a picture or sculpture from them? You could make one outdoors or bring the materials home and stick them to a piece of paper. As you work together, chat about what you are making and ask open ended questions such as **"Where should this go?"** and **"What have you made?"**

Five Little Men in a Flying Saucer

*Five little men in a flying saucer,
flew round the world one day.
They looked left and right,
but they didn't like the sight,
so one man flew away.*

Continue the song with one less spaceman each time e.g .Four little men then three little men...

www.bbc.co.uk/teach/school-radio/nursery-rhymes-five-little-men-in-a-flying-saucer/z6qgscw

