



GOODNIGHT TRACTOR

by Michelle Robinson and Nick East



Join a little boy as he says
goodnight to all his toys, in
this playful bedtime story.



Share a book together.

Research shows that just 10 minutes of shared reading a day helps your child's communication, imagination and listening skills.

Here are some top tips for reading with your little one:

- Pay attention to the things they take an interest in on the page and talk about those things.
- Repeat the bits they like best and even make up your own stories.
- If they say a word, build on the word by adding a phrase around it. For example, if they say 'apple', you could say 'yes, apples on the tree'.
- Put on voices, make sound effects and pull faces - these will all help your child to engage.
- Try and sit close together, so that your child can see your face as you speak. Encourage them to hold the book and turn the pages.

Puppet Play

Playing with a puppet is lots of fun! If you don't have a toy puppet, draw or craft a face on an old sock. Let your little one talk or play directly with the puppet and make sure there are plenty of pauses in your play, so they have a chance to respond.



[www.bbc.co.uk/
tiny-happy-
people
/puppet-play-
18-24/zj2ht39](http://www.bbc.co.uk/tiny-happy-people/puppet-play-18-24/zj2ht39)



Sweet Dreams

*Good night to you. Good night to me.
Now close your eyes and go to sleep.
Good night. Sleep tight.
Sweet dreams tonight. Good night*



Why not try this calming song just before bed?

