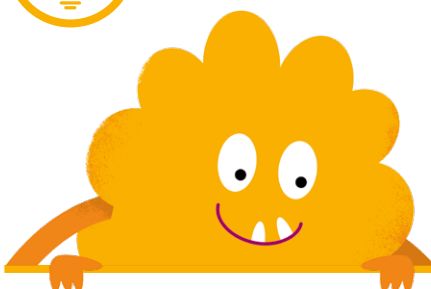


# my FIRST BODY

by Dorling Kindersley



Help your child learn all about parts of their body.



Board books make it easy to help your baby turn the pages and share the book with you.



Hand Printing

Paint or draw your child's hand and make a card for someone special.

Take the time to count each finger as you go.



Naming body parts is a great way for your baby to start to learn about themselves, as well as hearing new words.

Try touching different body parts on your baby and naming them at the same time.

For example, say "**Sam's tummy**", and tickle their tummy.



[www.bbc.co.uk/tiny-happy-people/body-parts/zdhvmfr](http://www.bbc.co.uk/tiny-happy-people/body-parts/zdhvmfr)



Try clapping your hands or tapping your legs to the beat of rhymes and songs like Pat-a-Cake, Pat-a-Cake.



*Pat-a-cake, pat-a-cake baker's man,  
make me a cake as fast as you can.  
Pat it and prick it and mark it with B,  
and put it in the oven for baby and me!*

See if your baby will clap along with you.

[m.youtube.com/watch?v=KGE5drXFF\\_Y](https://m.youtube.com/watch?v=KGE5drXFF_Y)