

North Lincolnshire

Children's and Young People's Lives

This report is a summary of the responses for all pupils who

Pupils may not have answered all the questions therefore some questions may show totals for '0' or 'blank' where pupils did not answer this question.
Where only some year groups were asked a question, this will be shown.

Please refer to the individual keys on the charts as colours may vary.

An accessible version of this document is available at [CYP Lives secondary school survey 2022/23](#)

Secondary School Survey 2022/3

Full Report - All years

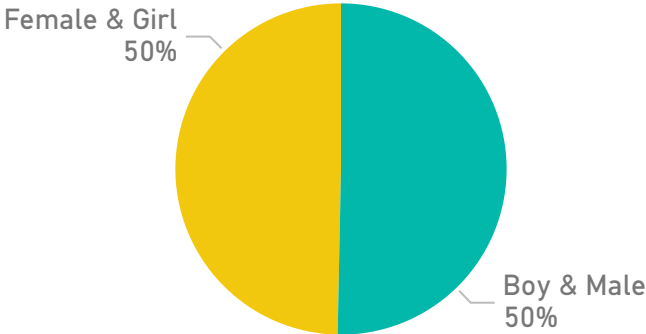
Number of responses

6544



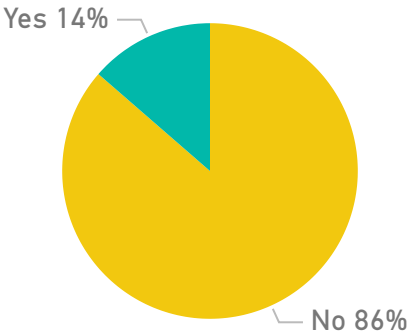
About the pupils

Are you:



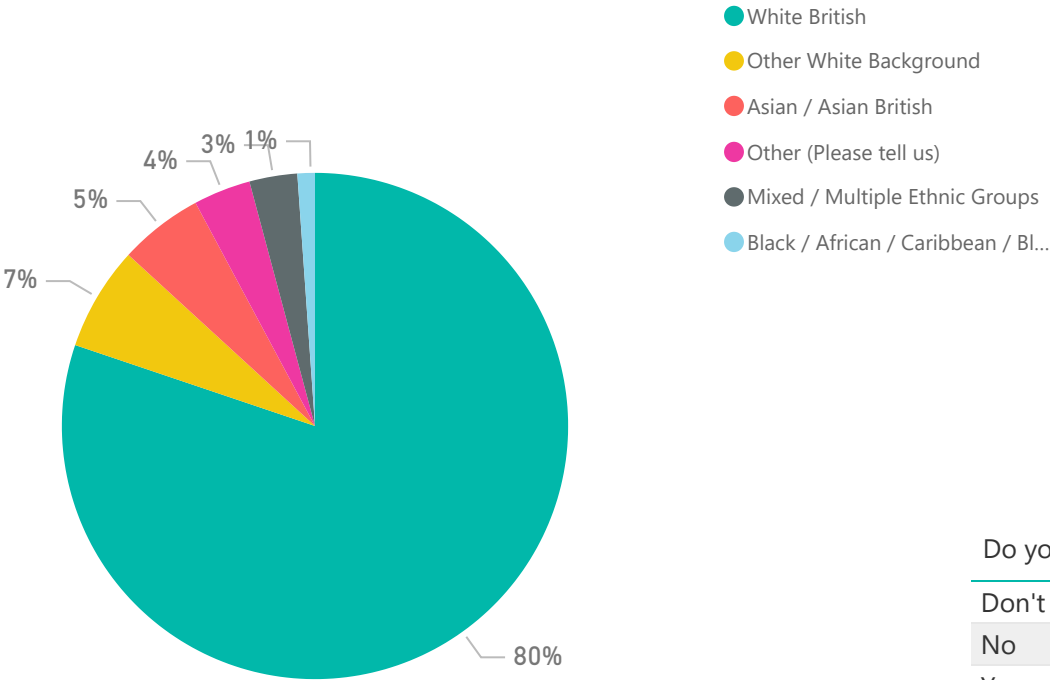
Do you receive free school meals?	%
Yes	21%
No	72%
Don't know	8%
Total	100%

Do you care for anyone at home?



Do you speak English at home?	%
No	8%
Yes	92%
Total	100%

Which of these best describes your ethnic background?



Do you have a long-term health problem, disability or medical condition that has been diagnosed by a doctor?	%
No	84%
Yes	16%
Total	100%

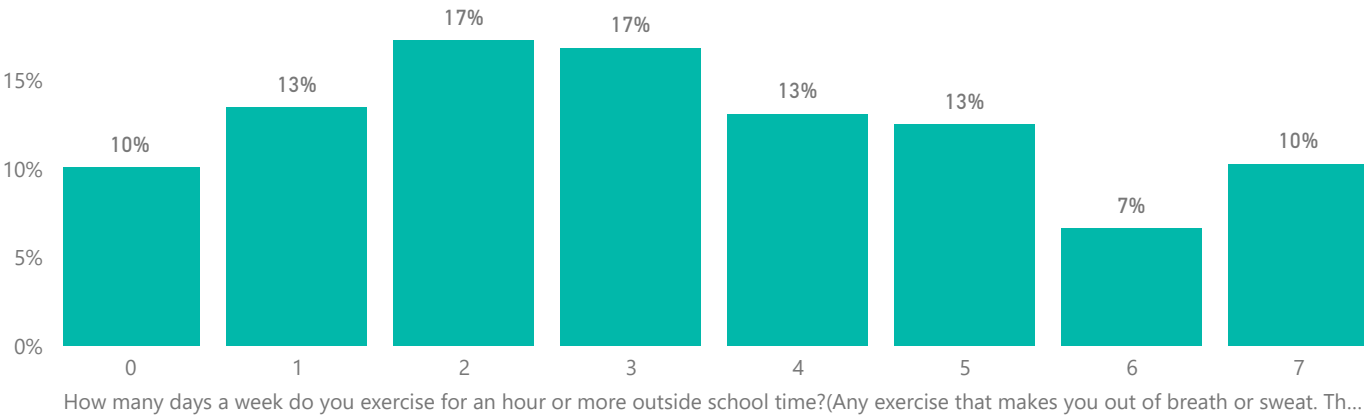
If so, does it affect your:

School attendance	%
No	63%
Yes	37%
Total	100%
School work	%
No	66%
Yes	34%
Total	100%

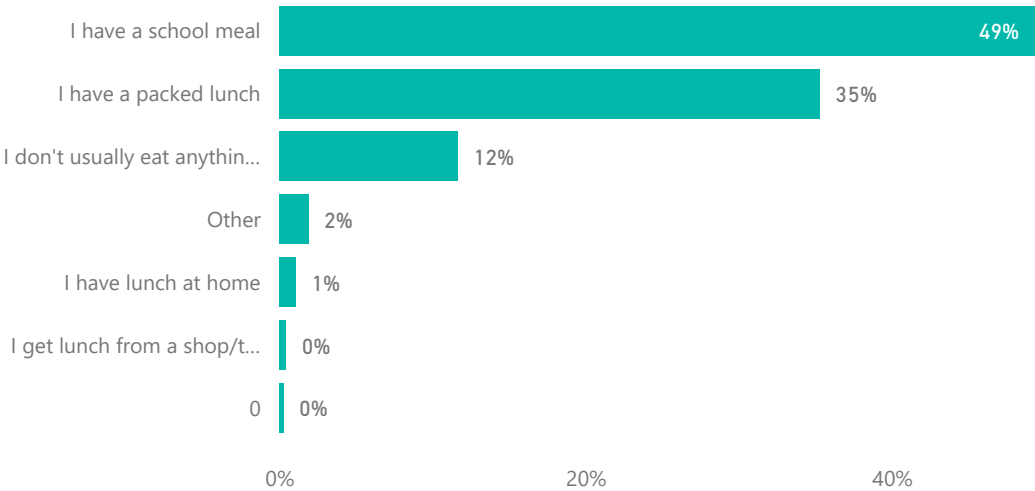
Do you have a learning disability?	%
Don't know	24%
No	65%
Yes	11%
Total	100%

Being Healthy

How many days a week do you exercise for an hour or more outside school time?(Any exercise that makes you out of breath or sweat.



What do you usually eat for lunch on a school day?



How would you rate your overall health? %

Fairly good	59%
Not very good	7%
Poor	1%
Very good	32%
Total	100%

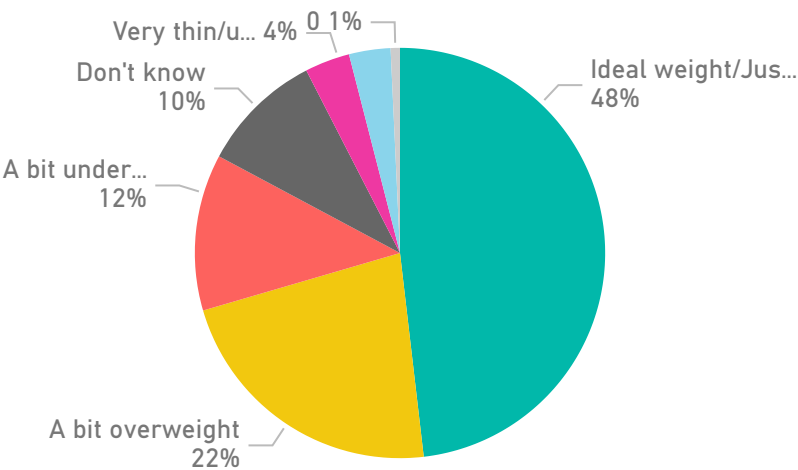
Please tell us how often you:

Key: Every day/Most days ● Once a week ●
Less than once a week ● Never ●

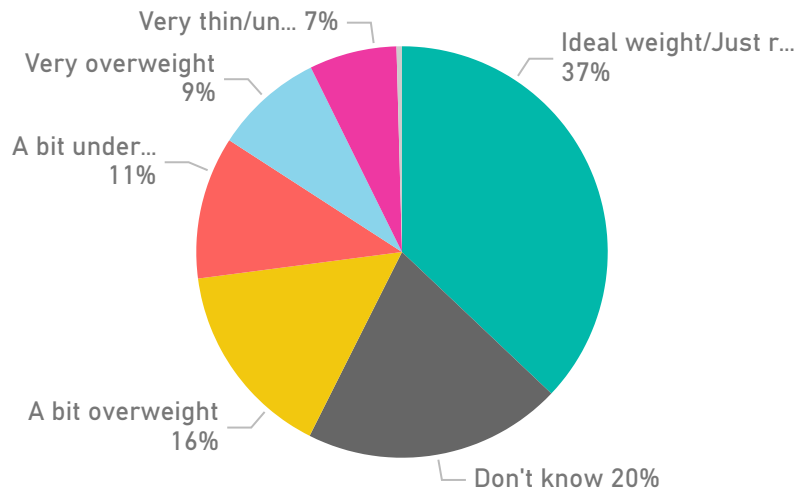
Drink energy drinks like Red bull/Monster



Do you think you are?



How do you think other people view you?



Staying Safe / The Future

Staying Safe

Do you feel safe:

Key: Yes ● No ● Doesn't apply to me ●

When you are in school



Walking/cycling to or from school



Travelling on the school bus



Out and about in your local area during the day

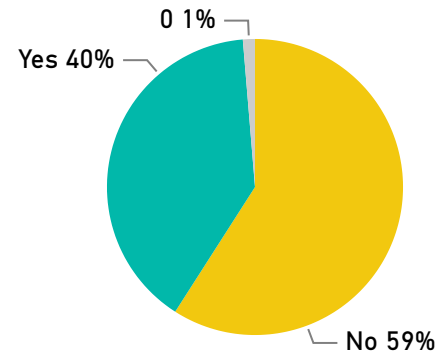


When you're online at home

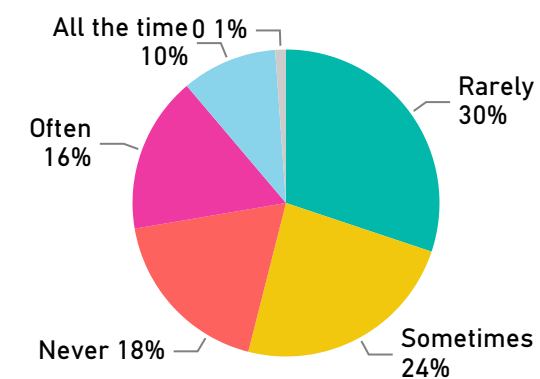


Peer Pressure

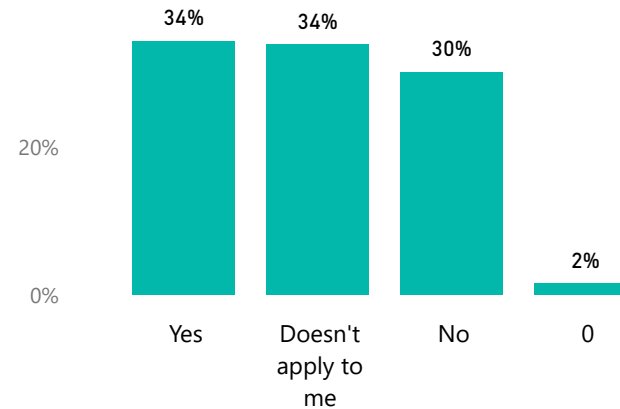
Have you ever felt pressured to do something you feel is wrong?



How often have you done something to 'fit in' or keep your friends happy?

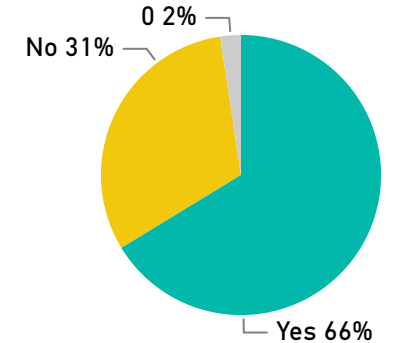


Has there been a time when you regretted giving in to peer pressure?

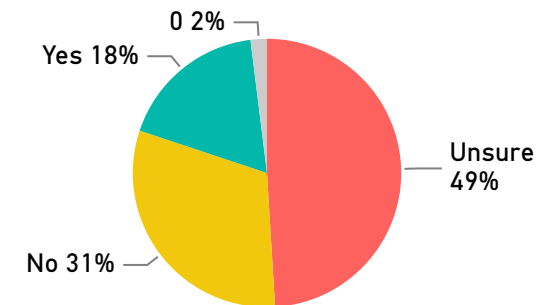


North Lincolnshire

Do you think North Lincolnshire is a good place to live and grow up in?

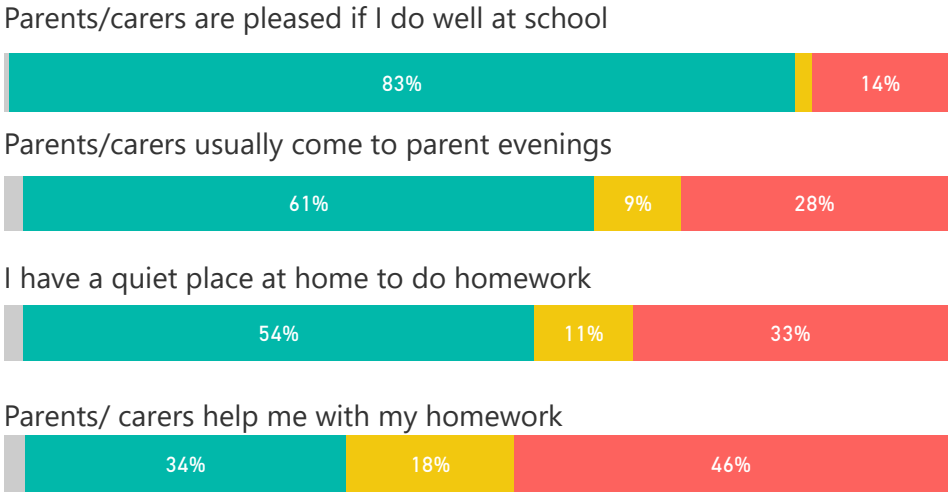


Do you think you will stay in North Lincolnshire when you leave education?

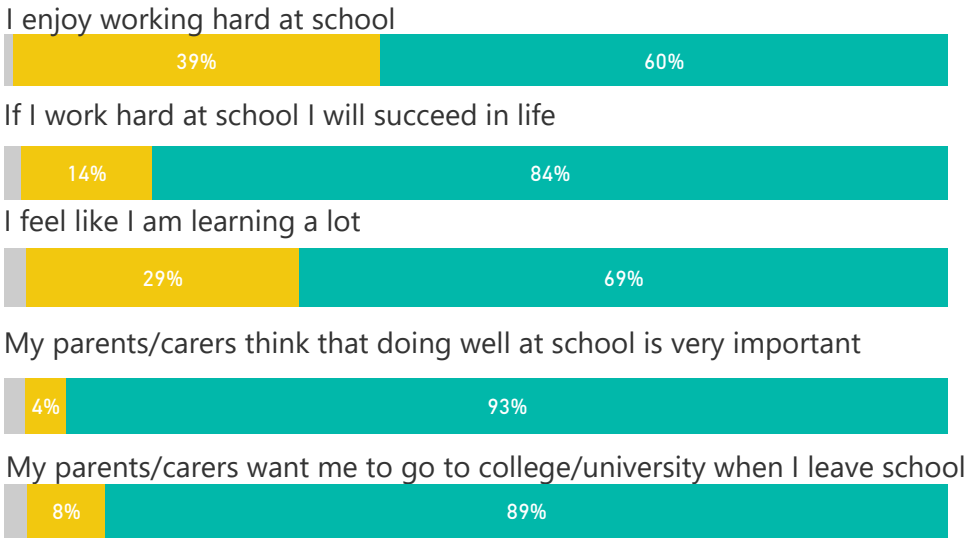




Key: ● Never ● Sometimes ○

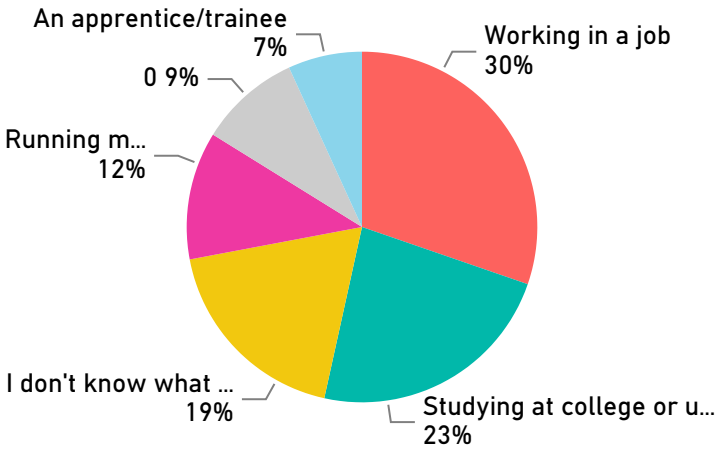


Key: ● Yes ● No

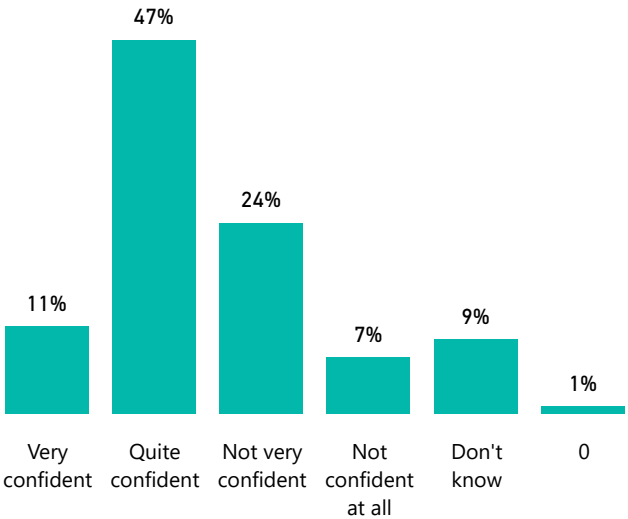


About school / Careers

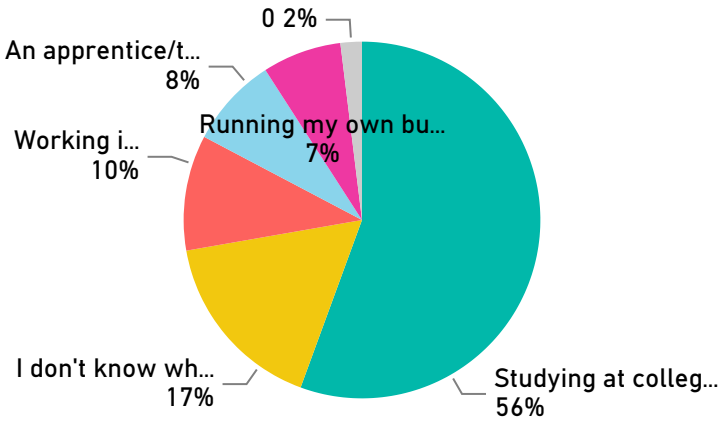
When you are 18 do you hope to be:



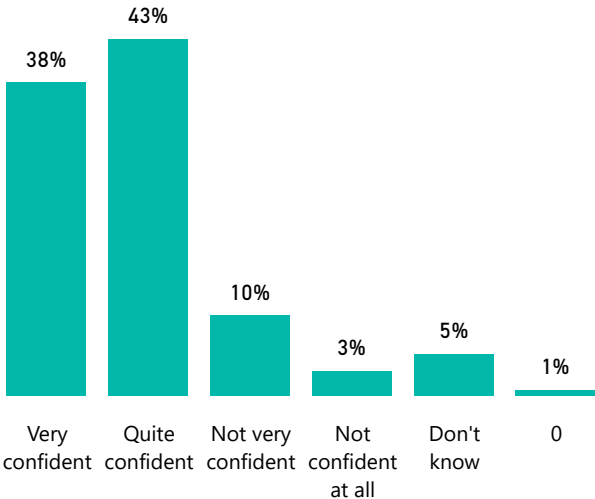
How confident are you that you will get the right advice at school to help you make decisions about your future?



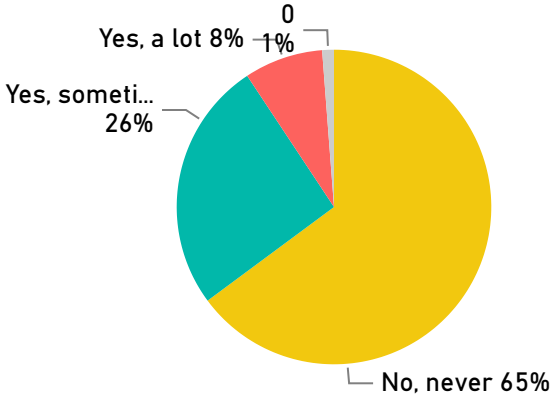
When you leave school do you want to:



How confident are you that you will get the right advice from your family to help you make decisions about your future?



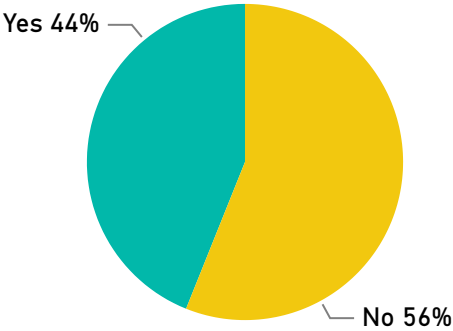
Have you ever been bullied at THIS school?



Did you seek help from someone at school? %

0	1%
No	58%
Yes	41%
Total	100%

Have you been bullied in the LAST 4 WEEKS at this school?



Did it help? %

0	1%
No	30%
Yes	69%
Total	100%

Key: Good OK Poor Don't know

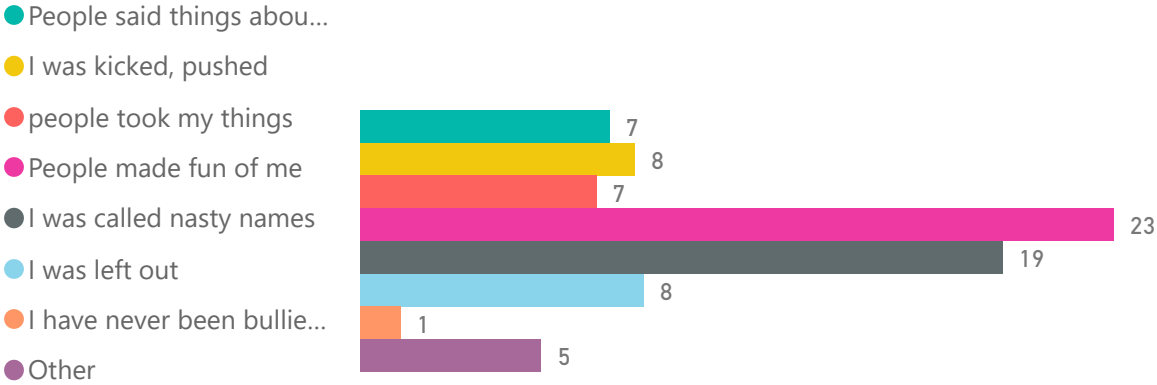
How do you feel BULLYING is dealt with by your school?



How do you feel CYBERBULLYING is dealt with by your school?

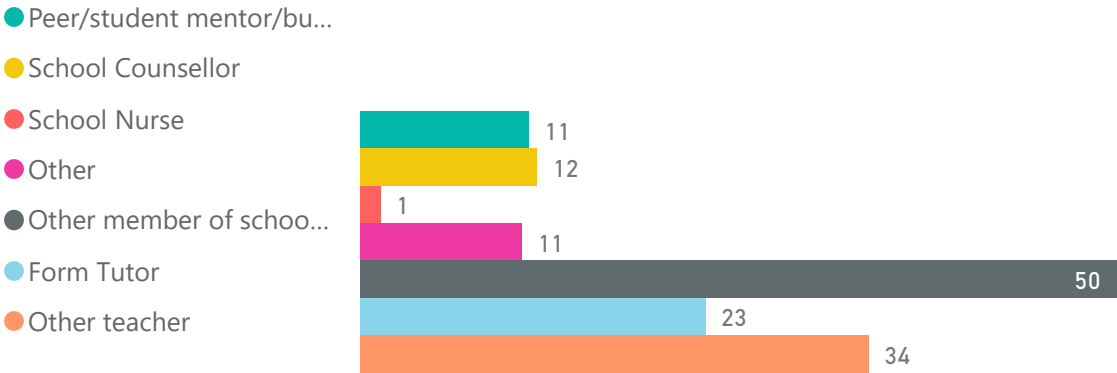


What form did this bullying take? (% of all pupils)



Pupils could choose more than one option

If you sought help, who from? (% of those who sought help)

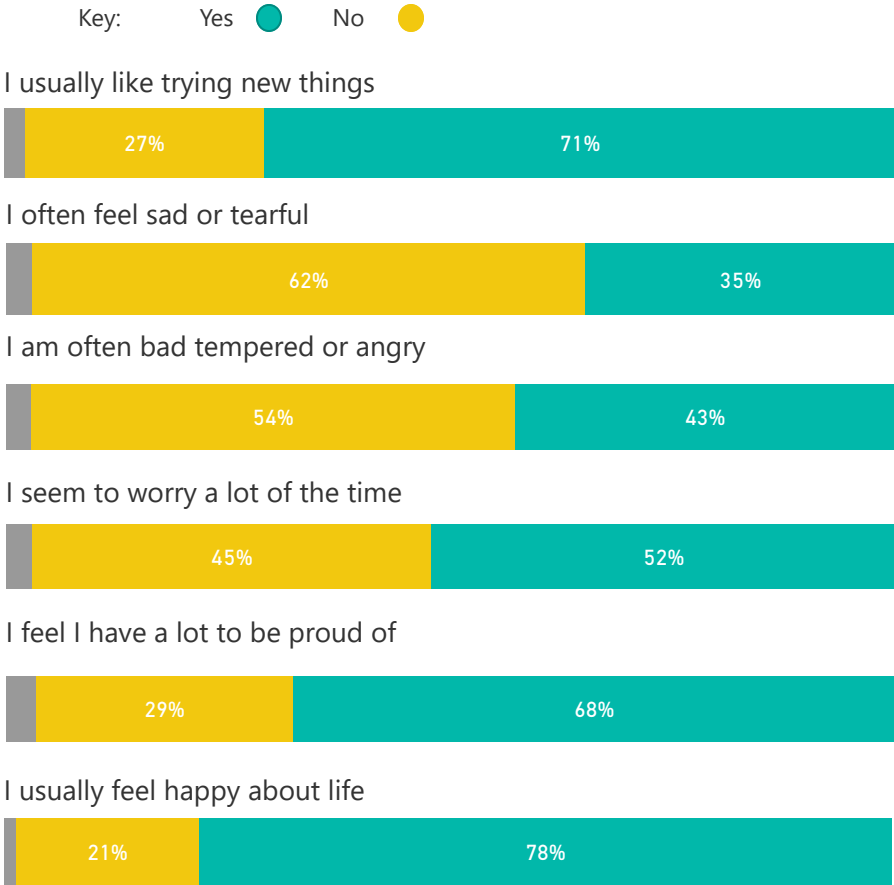


Pupils could choose more than one option

Wellbeing and Worries

(Year 7)

Which best describes you:



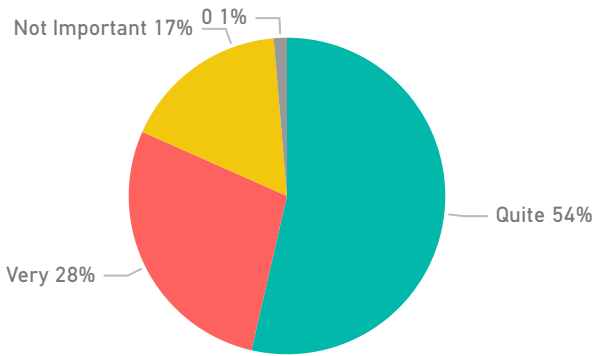
When you have a problem that worries you what do you do about it? (tick all that apply) (%)

- Exercise
- None of the above
- Other
- Keep busy socialising
- Seek help online
- Think carefully about the pro...
- Talk to someone about it

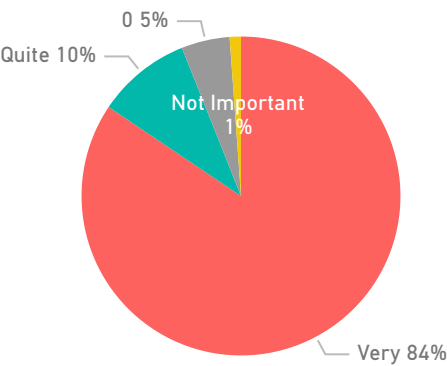


Pupils could choose more than one option

How important do you think it is to get good marks for Homework?



How important do you think it is to get good marks for Exams?



Wellbeing (Years 9-11)

Which best describes you:

Key: All of the time Often Some of the time Rarely None of the time

I've been able to make up my own mind about things



I've been feeling cheerful



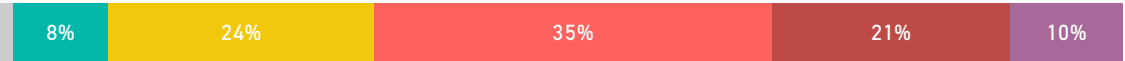
I've been feeling confident



I've been feeling interested in other people



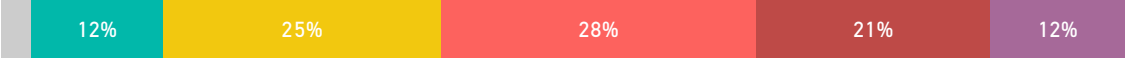
I've been feeling optimistic about the future



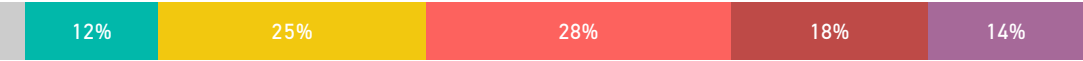
I've been feeling useful



I've been thinking clearly



I've been dealing with problems well



I've been feeling close to other people



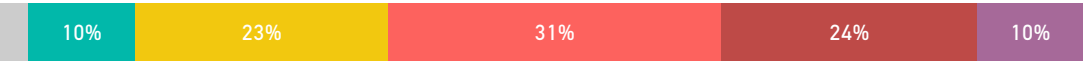
I've been feeling good about myself



I've been feeling loved



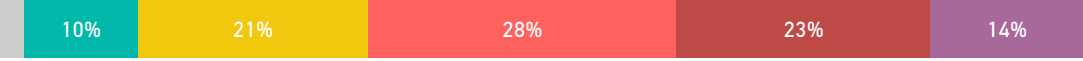
I've been feeling relaxed



I've been interested in new things



I've had energy to spare

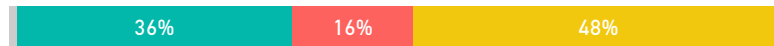


Worries

In the last month how much have you worried about the following:

Key: No A little A lot

Fitting in at school



How I look / Body image



Fitting in with my friends



Achieving my potential at school



How much money there is to go round the family



Missing out (FOMO)



Being bullied



Homework



Family members health



How much sleep I get



Being able to afford food



Things I've seen/heard in the news



The effects of climate change



Relationship with partner (years 9-11)



Parental conflict/ arguments



Amount of time spent on social media



People making comments about me or my family on social media



How to prepare for the future (years 9-11)

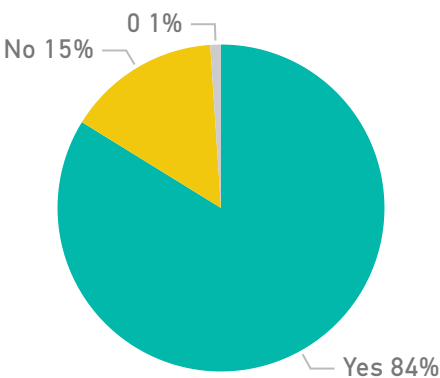


Tests / Exams

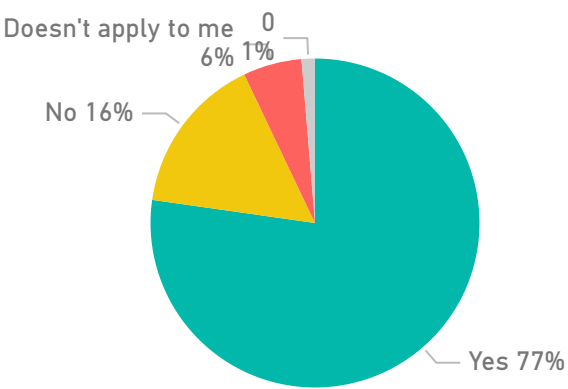


Mental Health

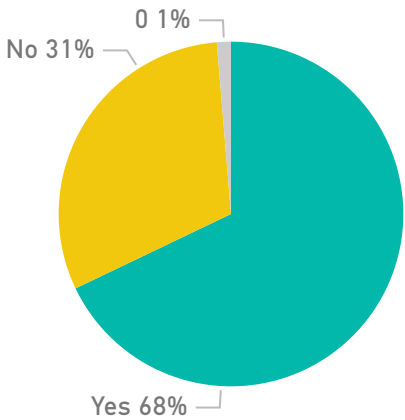
Do you have a close friend you can share your worries with?



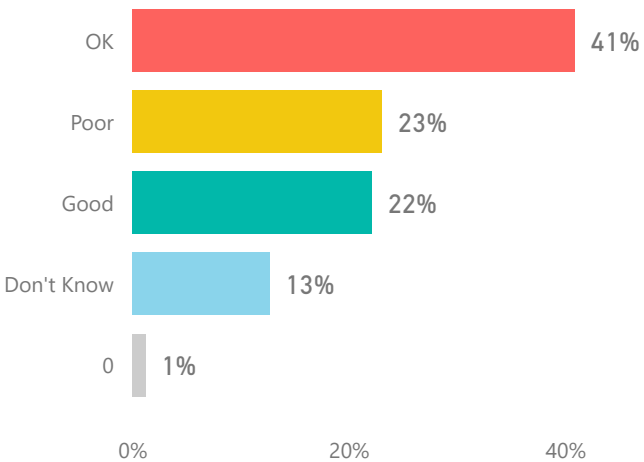
If you have any problems or worries, can you share these with your parents/ carers or another adult at home?



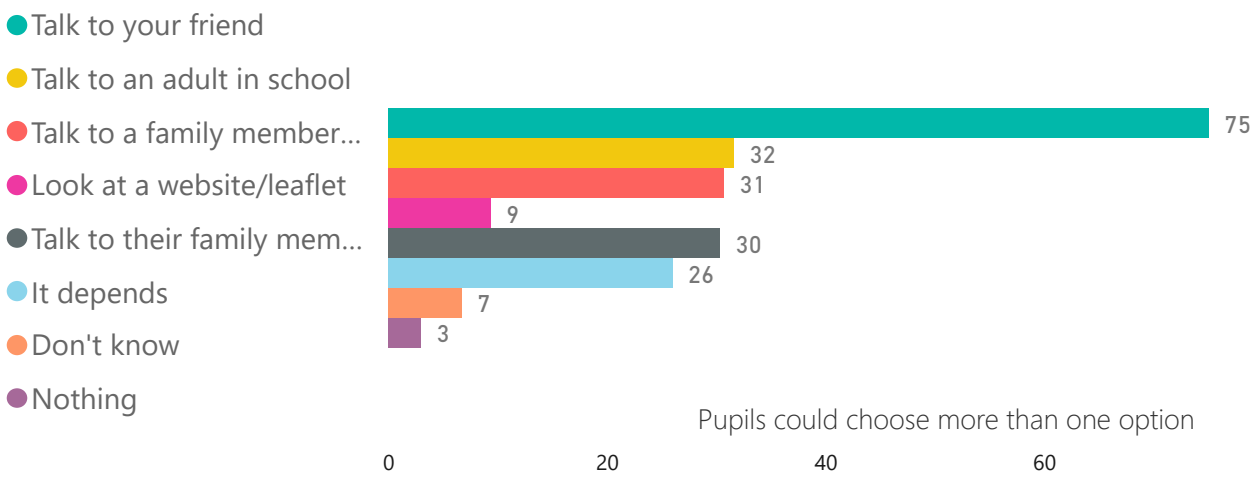
Is there an adult in school who you can share your worries with?



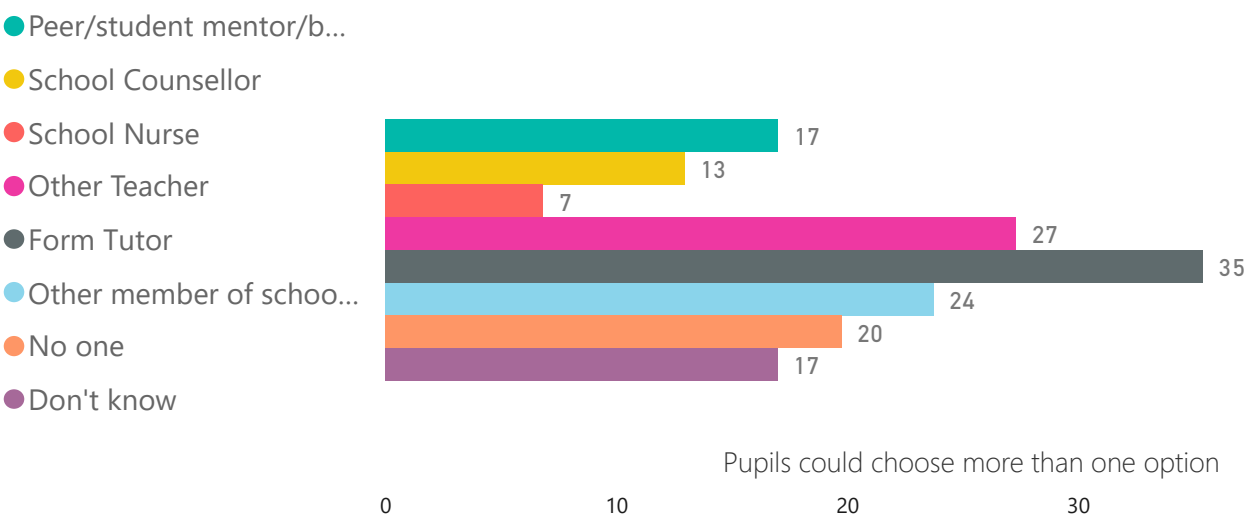
What do you think of the effort your school make to deal with mental health issues?



If you felt one of your friends needed help for a serious mental health issue, what would you do? (Tick all that apply) (%)

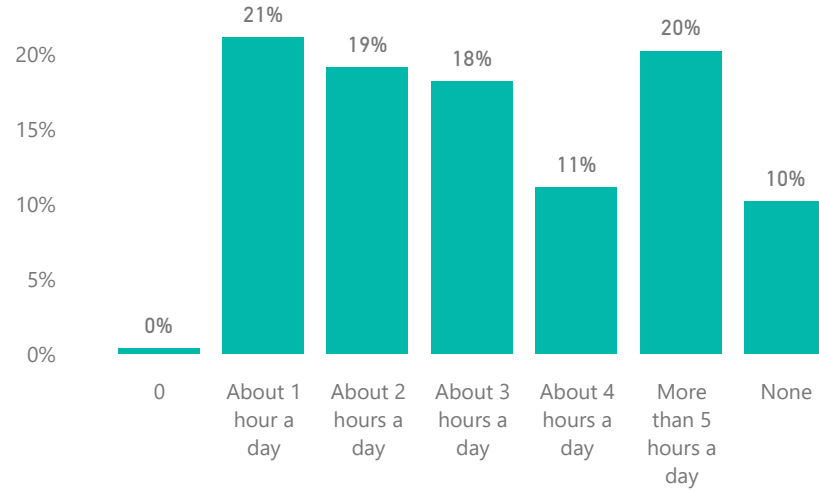


Who would you go to for help in school about this? (Tick all that apply) (%)

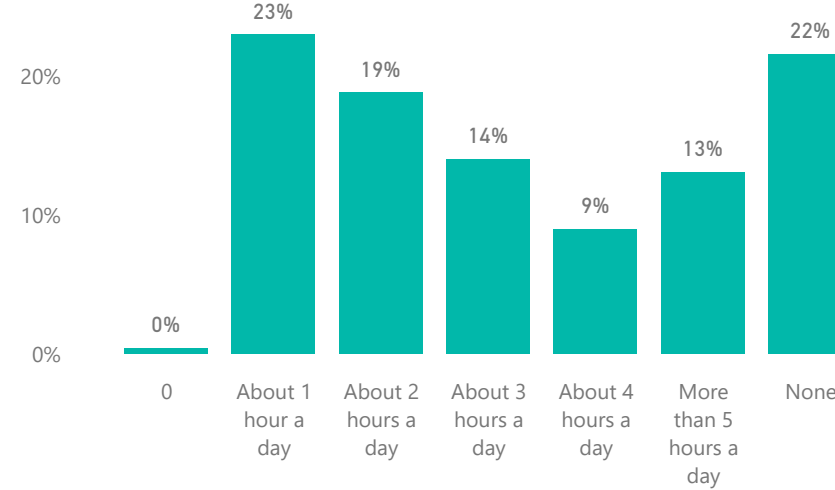


Online Activity

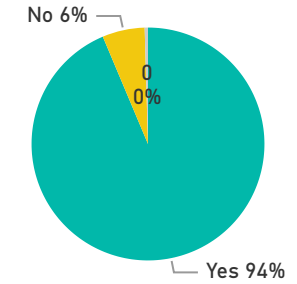
On a typical school day how much time would you say you spend chatting with friends online?



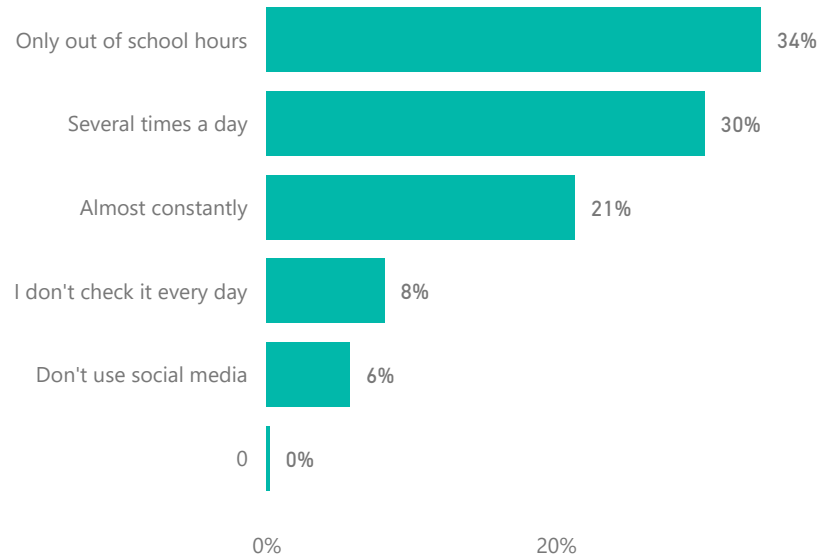
On a typical school day how much time would you say you spend playing games online?



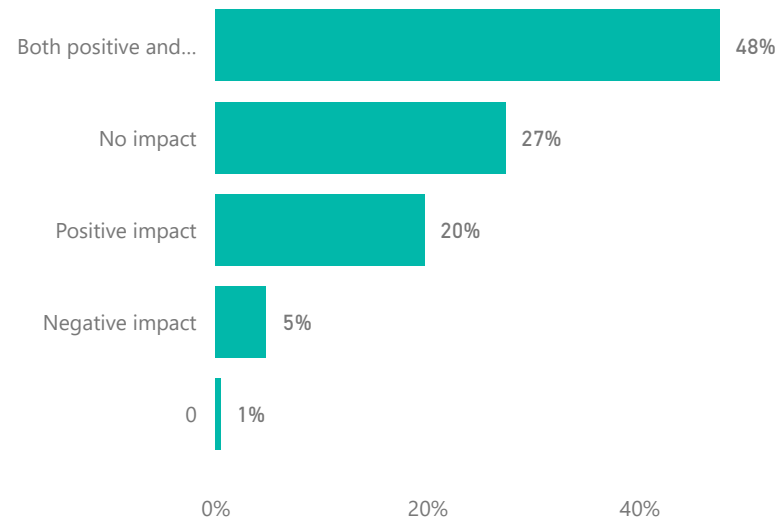
Do you have access to a computer/tablet at home for homework



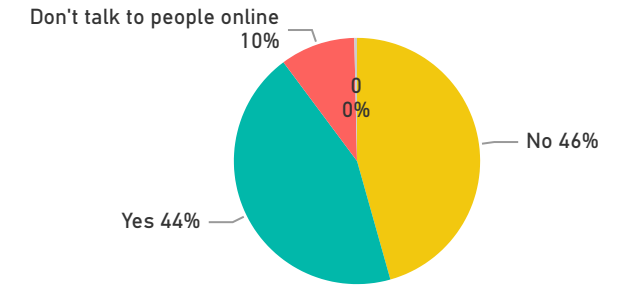
On a typical school day how many times do you check social media?



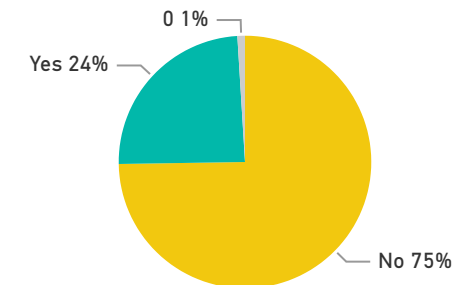
To what extent do you think social media platforms are impacting on your overall wellbeing?



Do you talk with people online who you have not met in person? (for example, on social media, YouTube, Instagram, games chat room)

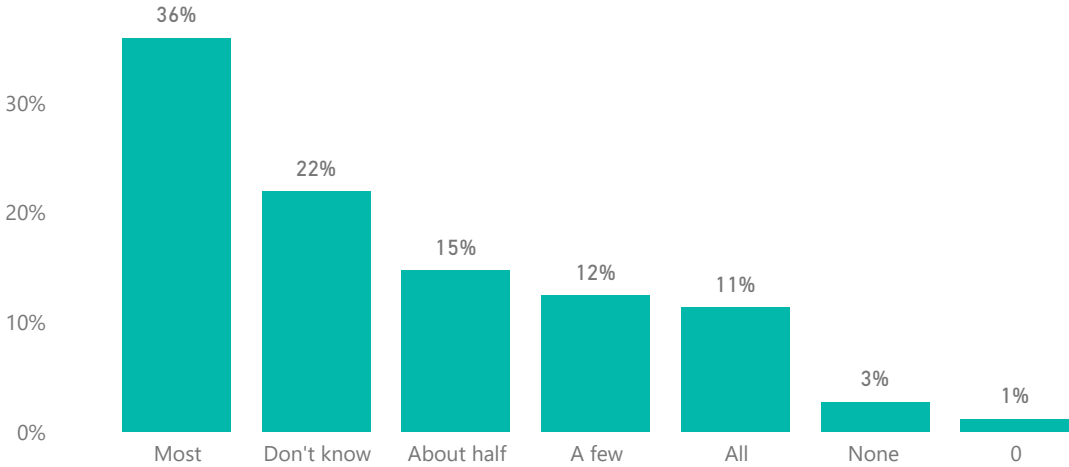


If yes, do you ever worry that these people are not who they say they are?

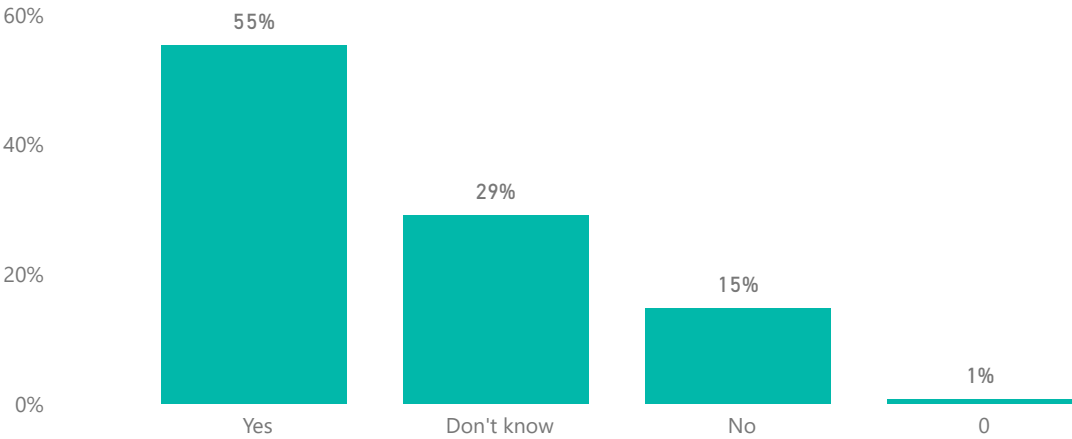


Online Activity (years 9-11)

How many people your age do you think have looked at pornography 'porn' online?



Would you say 'sexting' (that is sending or receiving a sexual message/image/nude picture) happens amongst people your age group?



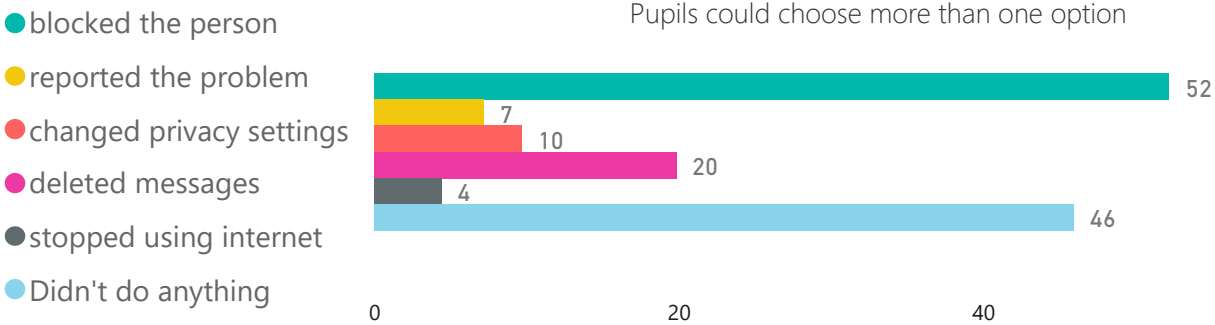
In the last 12 months have you been asked to send an inappropriate picture of yourself on your phone/computer? %

No	79%
Yes	20%
0	1%
Total	100%

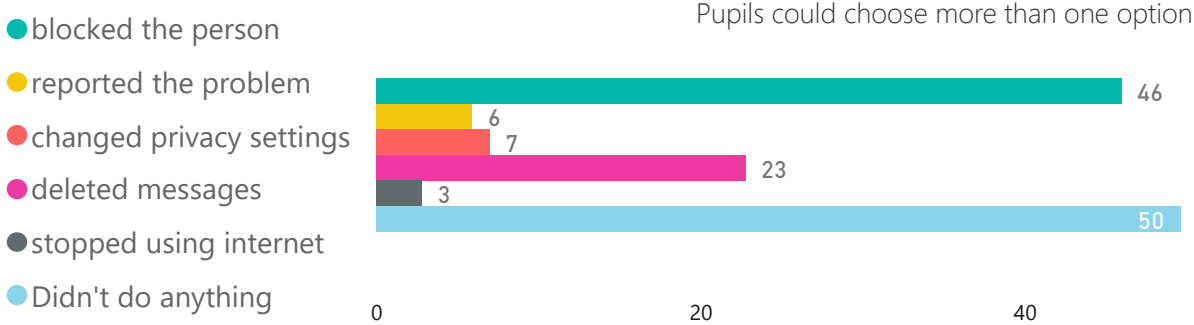
In the last 12 months have you received a sexual message or image/nude picture on your phone/computer? %

Yes	34%
No	66%
0	1%
Total	100%

if so did you do any of the following? (% of those answering 'yes')

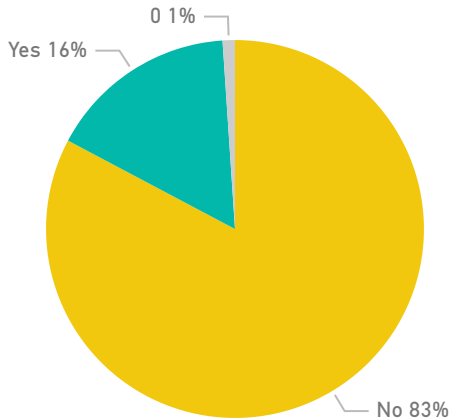


if so did you do any of the following? (% of those answering 'yes')



Online Activity (cont.)

Have you ever participated in an online challenge which you thought might be risky to your health? (For example; Facebook challenge, drinking challenge, TikTok challenge)



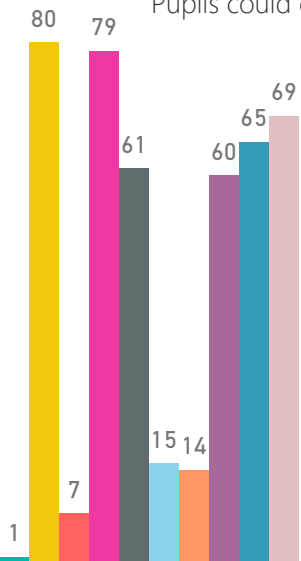
What do you use the internet at home for? (Tick all that you do) (%)

- I don't use the internet
- play games
- live streaming
- Watch videos
- YouTube
- upload videos/vlogs
- Make new friends
- Keep in touch with friends/family
- chat/share pictures
- Homework

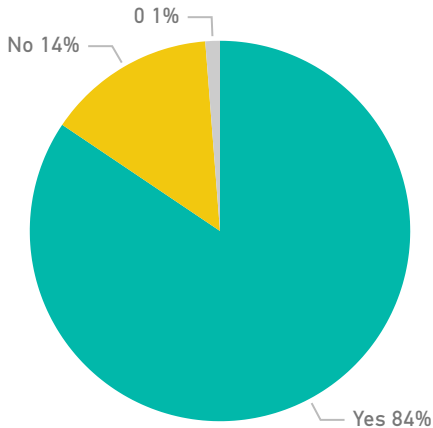


(year 7 and 8 only)

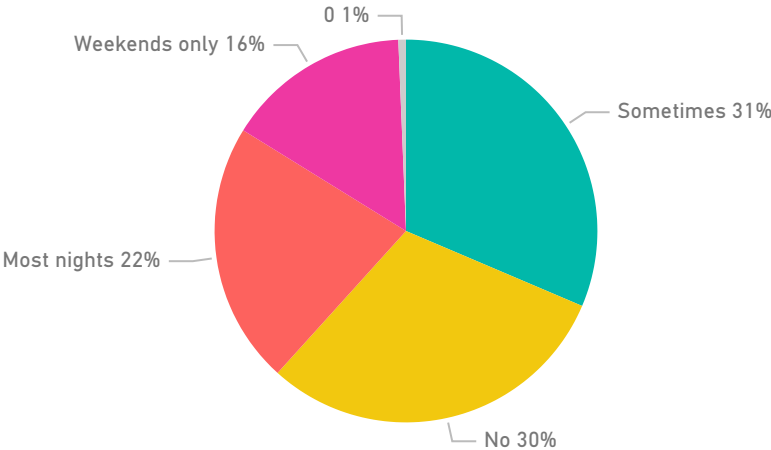
Pupils could choose more than one option



If you felt unsafe online would you you know where to go for help?

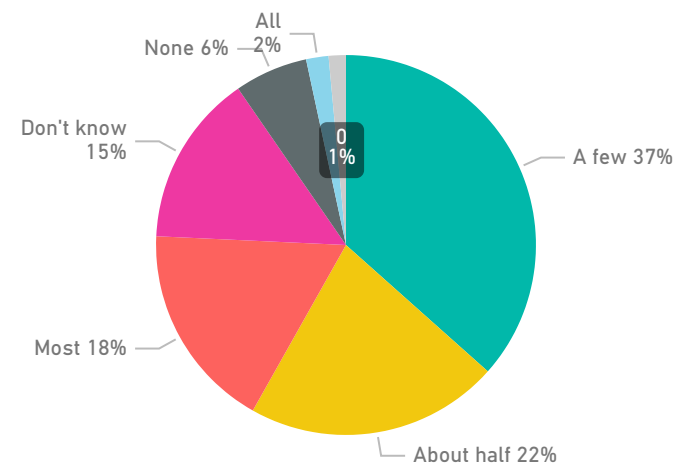


Are you ever online after midnight?



Smoking

How many people your age do you think have tried cigarettes



Do you live with someone who smokes at home? (Including e-cigarettes)



Does anyone (including visitors) smoke inside your home?

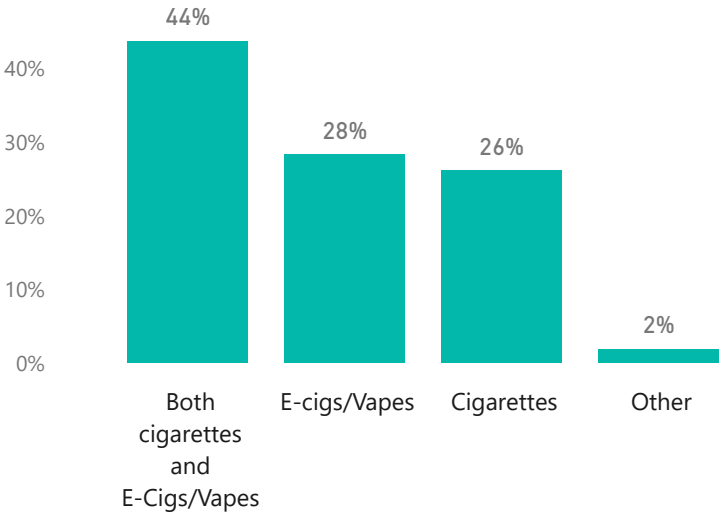


Key: Yes No

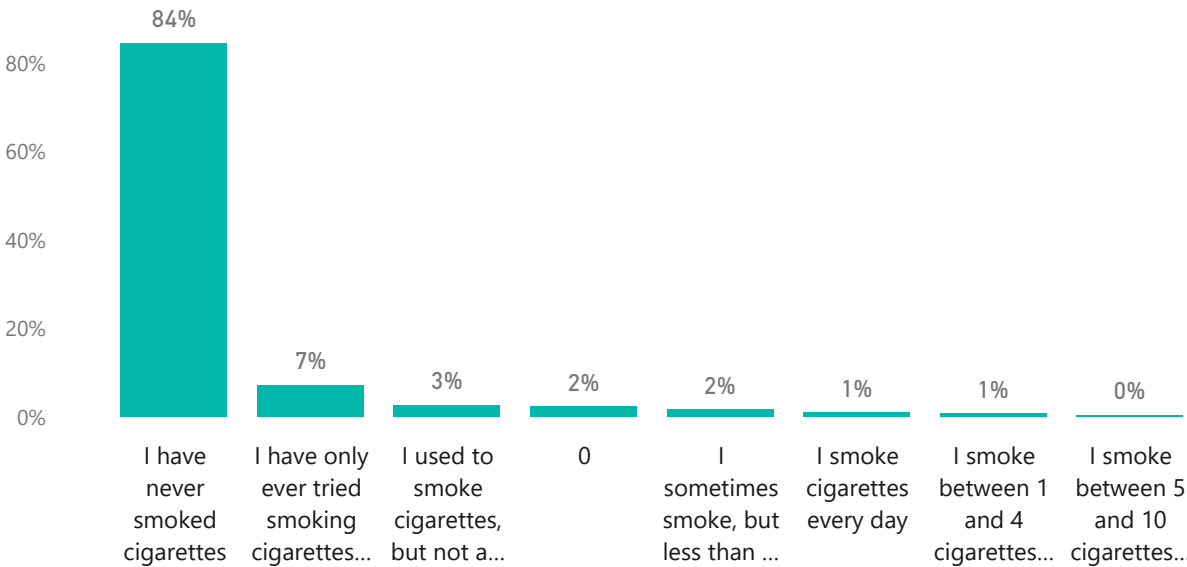
If you smoke, would you like to quit? %

I don't smoke	85%
No	6%
Yes	9%
Total	100%

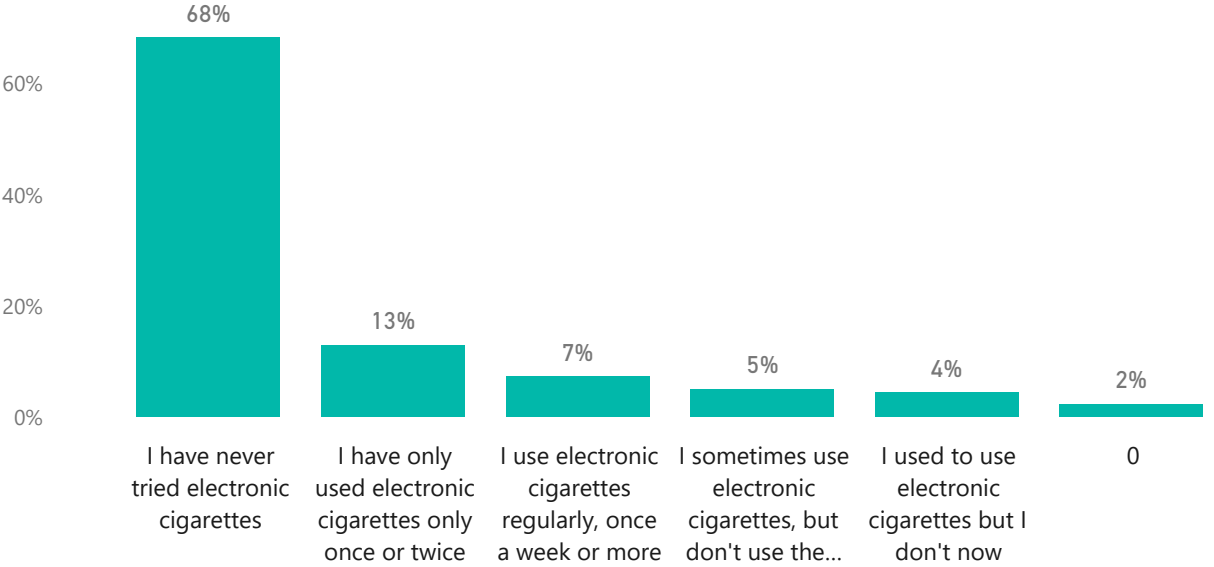
If yes, what do they smoke?



Please read the following statements and tick the one that best describes you:

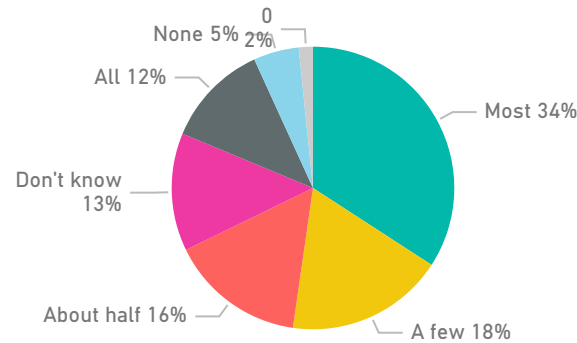


Have you ever used/tried electronic cigarettes (e-cigarettes/e-cigs)? Also known as Vaping

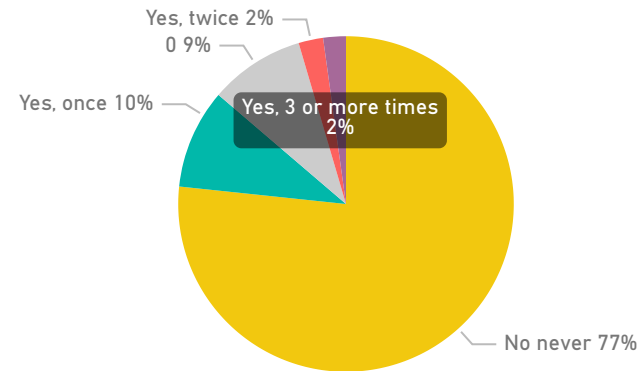


Drugs and Alcohol

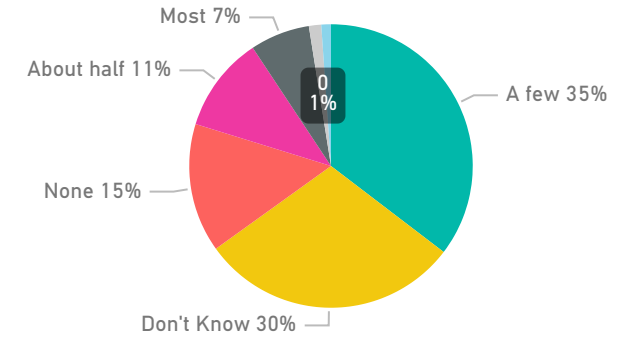
How many people your age do you think have tried alcohol?



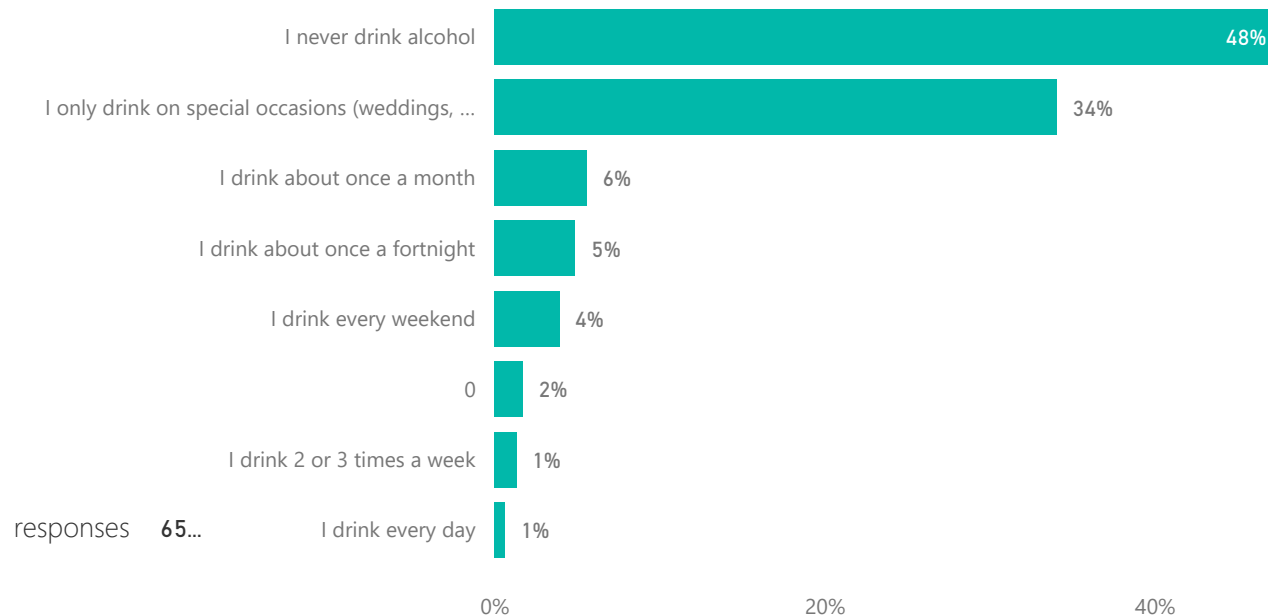
Have you ever got really drunk in the last 4 weeks?



How many people your age do you think have tried cannabis?



How often do you drink alcohol (a whole drink, not just a sip)?



Have you ever been offered cannabis?



Have you ever tried cannabis?



If yes, have you used cannabis in the LAST 4 WEEKS?



Have you ever tried any other drugs than cannabis (even once)? years 10-11



Have you ever tried nitrous oxide (if even once)



Do you know where to get help/advice about drugs and how to stop if needed?



Domestic Abuse

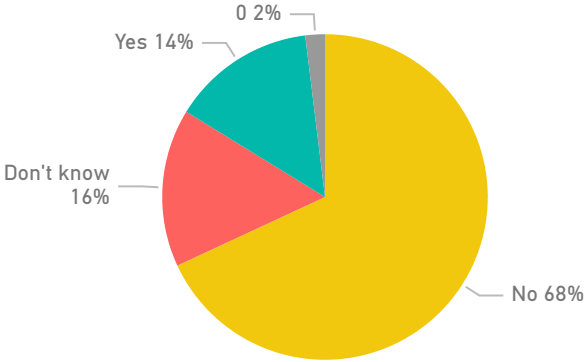
Do you know there are telephone numbers you can call to get help and advice on domestic abuse?



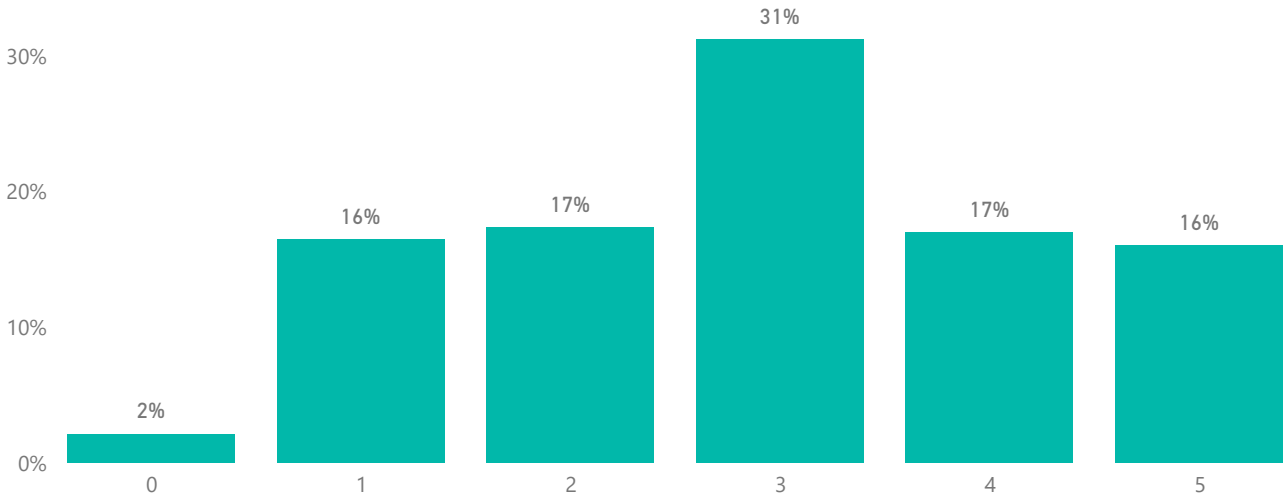
Is there someone in school you could go to for help and advice about this?



Have you ever seen or heard domestic abuse in your family?



Would you feel confident to report domestic abuse? 1 = Very Confident, 5 = not at all confident



Which of the following do you think are signs of domestic abuse?

A grown up calls another grown up names and says things to make them feel bad



A grown up often pushes kicks or hits another grown up



A grown up sends his/her partner a text to say he/she loves her/him



A grown up won't let his/her partner have any money or go to work



A grown up says what another grown up can do and where they can go

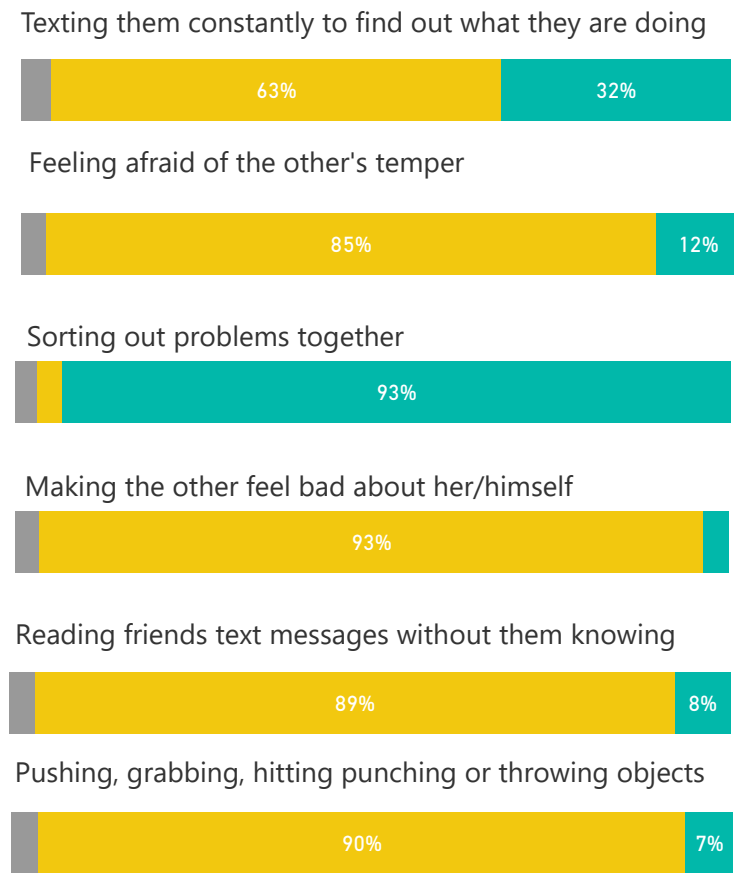
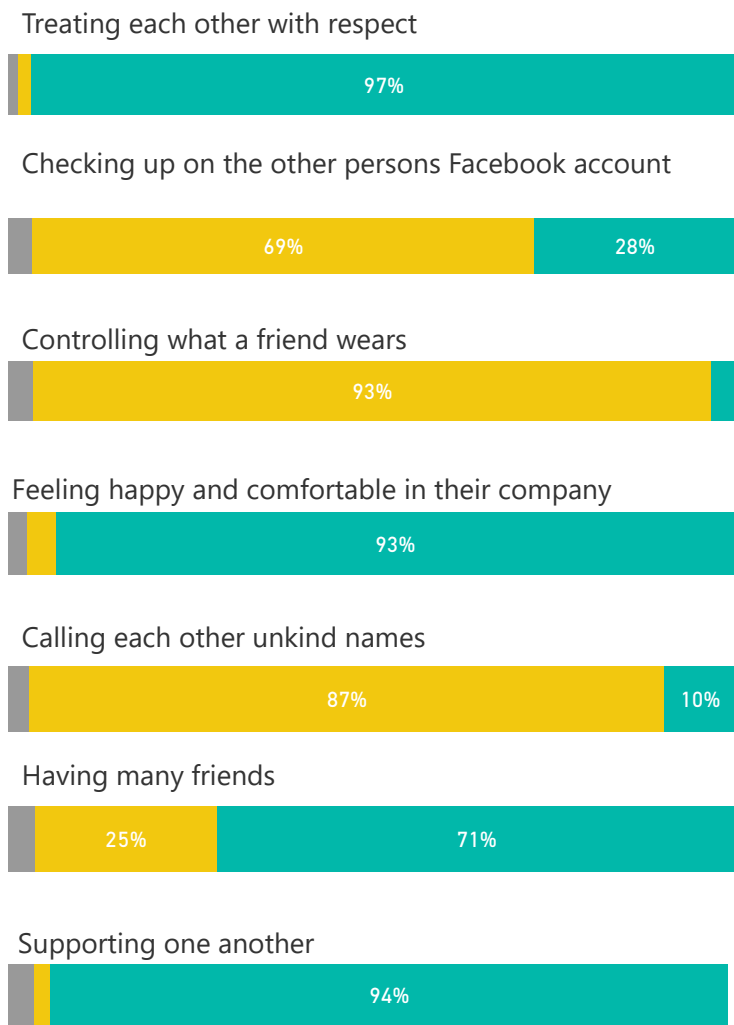


Key: Yes /True (teal circle) No/False (yellow circle) Don't know (red circle)

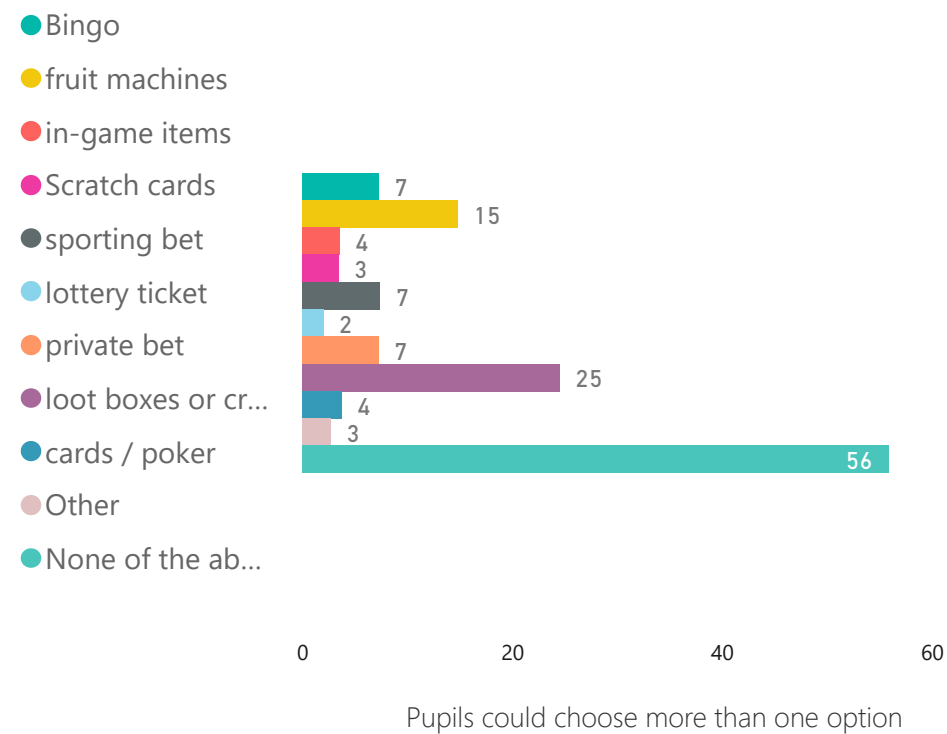
Healthy Relationships and Gambling

Which of these would you see in a healthy friendship or relationship? (years 7-8 only)

Key: True ● False ●

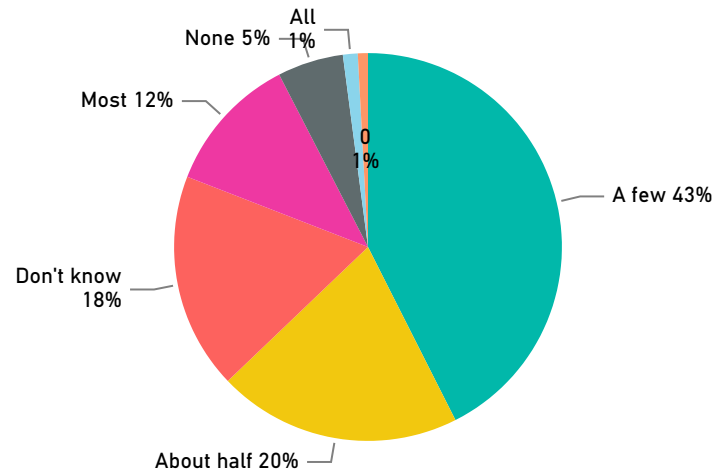


Have you ever spent any of your money on the following activities? (%)

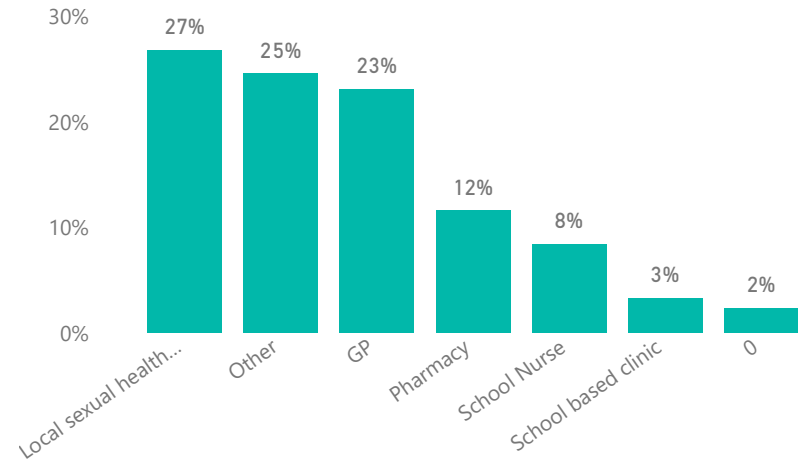


Sexual Health years 9-11

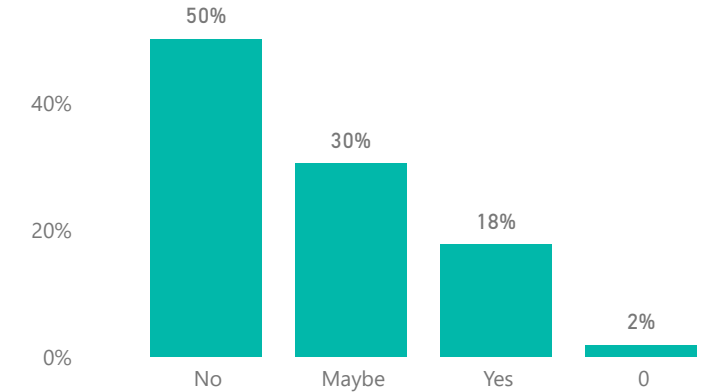
How many people your age do you think have had sex?



If you ever needed to access a sexual health service, where would you prefer to go for this?

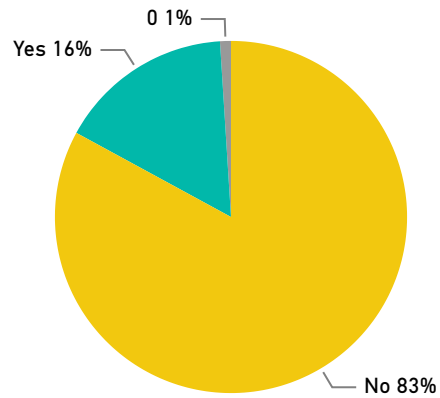


Would you use a sexual health service if it was provided in school?

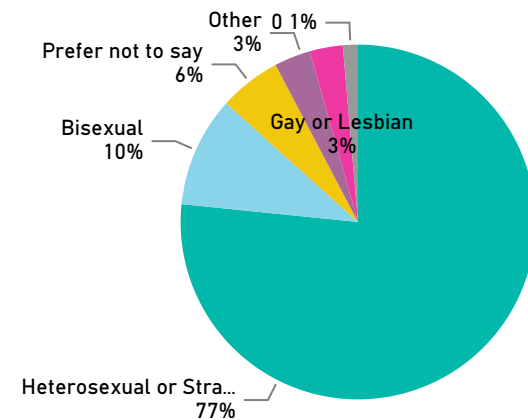


Years 10-11 only

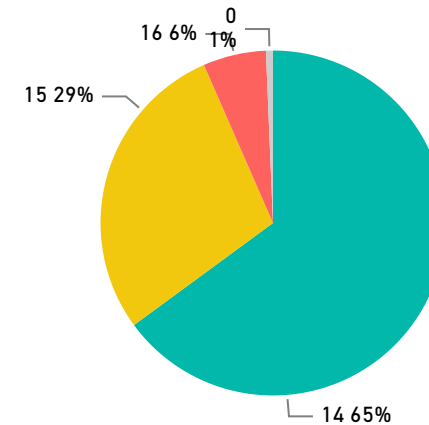
Have you ever had sex?



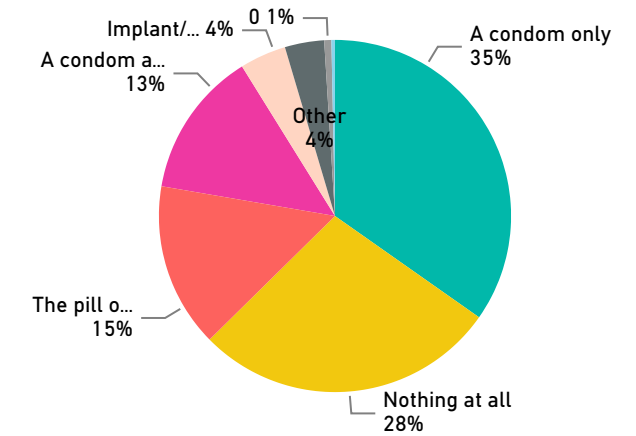
Which of the following do you think best describes how you think of yourself?



How old were you the first time you had sex?



What did you/your partner use last time you had sex?



Lessons in School

Have lessons at school helped you:

Key: Yes No Not had lessons on it yet

Think about the risks and dangers about smoking



Think about the risks and dangers about drinking alcohol



Think about the risks and dangers of taking illegal drugs



Have you found school lessons about sexual health useful?



Understand how to stay safe online



About healthy, non-abusive relationships



About sexual harassment

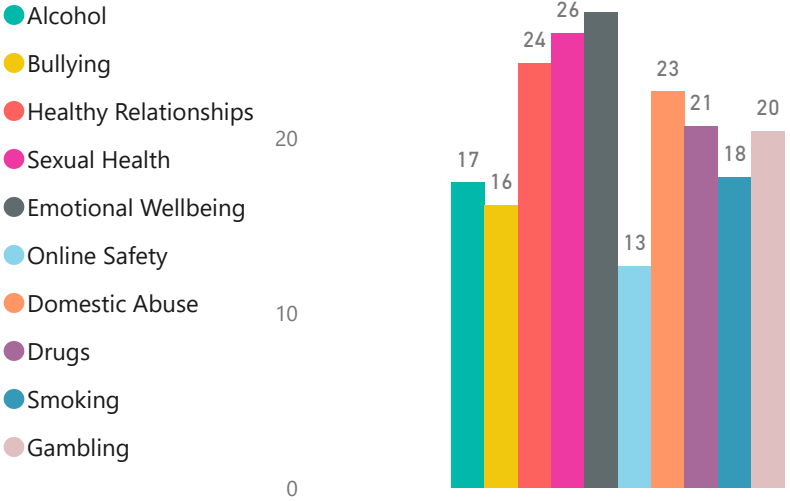


Have lessons answered all your questions about sexual health?



Would you like more information on: (tick all that apply) (%)

Pupils could choose more than one option



What do you think of the advice you get at school about jobs/careers?

