



# THE DRAMA LLAMA

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**How does Alex sort out the problem of a worry that comes to stay and simply will not go away?**

Discuss with your child about who they could talk to if they had a problem.



## Did you know?

- Llamas are related to camels, but they don't have the hump!
- Llamas' stomachs have three compartments.
- Mother llamas hum to their babies.

**Do you know what sound a llama makes?** Listen to the clip

<https://youtu.be/Sxs6KxHHvkk>

## Get Crafty

Why not make a llama from a paper plate:



<https://www.youtube.com/watch?v=iLreokk0SgU>

## Do you know how to spot if your child is anxious?

The NHS has a useful page about anxiety in children and the sort of things you can do to help!



<https://www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/anxiety-in-children/>

## Sing, sign and dance to The Llama Song

*I la, la, I love a llama,  
black or white, big or small.  
I la, la, I love a llama,  
grey or brown, short or tall.  
I la, la, I love a llama,  
strong and fast, they're so cool.  
I la, la, I love a llama,  
I love llamas, love them all.*



Watch here:  
<https://www.youtube.com/watch?app=desktop&v=lmfzsGaFnOg>