











ALPHABET ICE CREAM

by Nick Sharratt and Sue Heap



This is a book about Sue and Nick, who like different things but are still best friends. They explore their favourite things from abc all the way to xyz.

As you read, take time to look at and talk about the pictures.

Make a rainstick.

You will need: A snack tube, foil, rice or lentils, sticky tape.



Scrunch up a piece of foil and put it inside the snack tube. Pour in rice or lentils. Put the lid on and tape in place with sellotape or strong gaffer tape. Have fun taking turns and shaking your new instrument!

https://www.bbc.co.uk/tiny-happy-people/rainstick/zj39y9q

Cooking Chat

Everyday tasks like cooking can be a great chance to talk to your child about different things. You can build their vocabulary by introducing them to different words for foods and textures.



If it's safe, try giving them a little of each food so they can explore the way they feel and taste.

Zoom, Zoom, Zoom

Zoom, zoom, zoom, we're going to the moon. Zoom, zoom, zoom, I hope we get there soon. 5, 4, 3, 2, 1... Blast off! You can sit your child on your knee and lift them up to 'blast off' or get them to crouch down and jump up like a rocket taking off.

https://wordsforlife.org.uk/activities/zoom-zoom/