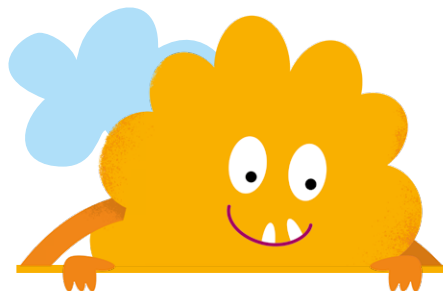


WHERE IS THE VERY HUNGRY CATERPILLAR?

By Eric Carle



Lift the flaps and search for the very hungry little caterpillar. Is he hiding in the grass? Is he nibbling the strawberry?

Find out where everyone's favourite caterpillar is hiding!

Movement and Tummy Time

Did you know, that by encouraging physical activity and interacting with your child you are helping their development?

Can your child move like the animals in the book? Can they wriggle like a caterpillar, crawl like an ant, jump like a cricket?



See the link for NHS advice on keeping children active:

www.nhs.uk/conditions/pregnancy-and-baby/keeping-kids-active/



Why not make a healthy snack in the shape of the hungry caterpillar?



Talk about the shape, smell, taste and texture as your child eats. Depending on their stage of weaning you could use pureed food to try different flavours.

<https://www.nhs.uk/start4life/weaning/>

Making Marks

Sprinkle some flour on a table and encourage your child to make marks in the flour with their fingers. Maybe you could both make some wiggly caterpillar marks.



Roly-Poly Caterpillar Rhyme.



Roly-poly caterpillar, (wiggle right pointer finger)
into a corner crept. (place right pointer finger in left cupped hand)
Spun around himself a blanket, (spin around)
then for a long time slept. (place head on folded hands)
Roly-poly caterpillar, (wiggle right pointer finger)
wakening by and by. ("stretch" right pointer finger)
Found himself with beautiful wings,
changed to a butterfly. (flutter arms like wings)

