

Easy Read: Experts Together Pledge





This pledge has been produced by people with lived experience



So people know what is important to vulnerable people to be safe, well and connected.



North Lincolnshire partners have come together to support this pledge and commit to Ask, Listen and Act.



Ask, Listen and Act explains that it is important for people to be the following:



- Enabled to be independent



- Enabled to maintain health



- Enabled to be safe



- Enabled to stay connected



- Supported to plan for life events



- Enabled to learn, volunteer or work



- Support to manage finances

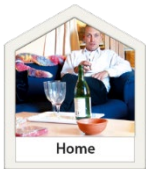
Independent



- Information, advice and support to enable me to be independent.



- Support me to use technology to keep me independent.



- Support me to live independently in my own home.



- Support me to be as independent as possible in a care home.



- Support me to be in control of the care I receive.



- Support me to be in control of my finances.



- The right equipment in community buildings to support me to access services and activities.

Health



- Support me to maintain or regain my health”
- Information and advice to support me to be healthy.
- Support me to use technology to keep me healthy”
- Activities to support my wellbeing and help me stay healthy in my community”
- Access to healthcare in my community”
- Access to support groups”



- Supported to maintain good mental health”
- The right equipment in community healthcare to enable me to access services”

Safe



Information and advice to support me to be safe.



This could include information about:



- Finances



- Relationships



- Technology / Internet



- House security



- Safe Neighbourhood



- Safe services/support



- “Support me to make the best use of technology to keep me safe”



- “Support me to understand and manage any risks”



- “Partners work together

- “Support me to know my goals as part of ‘making safeguarding personal (MSP)’



Connected



- Information and advice, in different formats, to support me to stay connected in my community and with friends and family
- Access to accessible transport (buses, taxis, etc)
- Support me to take part in groups and activities
- Support me to be digitally included
- Changing Places facilities
- Good disabled access
- Accessible and inclusive activities in my community



- Access to support groups

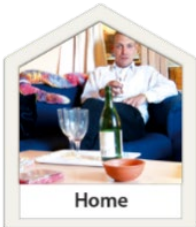
Plan for life events



- I have the information and advice I need to support me to plan ahead
- Support me to make the best use of technology



- Support me to live in a home on my own



- Support me to share and achieve my aspirations and goals





- Support me to plan for possible future care needs, keeping my independence

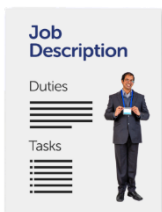


- Support me to grow and maintain relationships that are important to me



- Support me to plan for family changes

Learn, volunteer or work.



- Have the information and advice I need to support me to learn, volunteer or work



- Help with technology to support me to learn, volunteer or work



- Have accessible transport to support me get to where I need to be



- Support me with learning, volunteering or work



- Learning, volunteering or work environments and people that understand how to support me

Finance



- Have the information and advice I need to support me to make financial choices and understand the costs of care
- Support with budgeting to help me to manage my own finances (including bills, tenancies)
- Information about my personal budget / direct payments
- Information and advice to support me to self-finance my care needs
- Support to help me to apply for the right benefits

To find out more contact us on 01724
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