



Scavenger hunt



Gather as many items on the Scavenger Hunt list as you can while on your Daily Mile. You could use the blank template to create your own scavenger hunt list too.

A green leaf

Can you find...?

A twig

Something rough to the touch

A piece of grass of any type

A feather

A brown leaf

A flower

Something round

Something that makes a sound or noise

A smooth pebble or stone

Something smaller than your thumbnail

A seed or berry

We would love to hear about how you are achieving your Daily Mile and how this makes you feel. Tell us your stories by emailing thedailymile@northlincs.gov.uk. Any submissions will be go into a prize draw, details of which can be found at www.northlincs.gov.uk/nlactive/fitforlife. Further information and resources can also be found here. **#NLActive #NLgetmoving #Fitforlife**