



I Spy and More



I Spy

Play 'I spy' as you go. This is a great way to engage with the environment, is a great learning activity and helps to take notice of the world around us.

Find something and say, **"I spy with my little eye something beginning with....."**

adding the first letter of the word. Others guess the word.



Shape Detectives Activity

Choose a shape and see how many things you can see that are that shape. Try circle, square, rectangle or triangle. You can try 2D or 3D shapes



Colour Detectives Activity

Choose a colour and see how many things you can see of that colour. Keep a count and see if you can beat your score next time.

We would love to hear about how you are achieving your Daily Mile and how this makes you feel. Tell us your stories by emailing thedailymile@northlincs.gov.uk. Any submissions will be go into a prize draw, details of which can be found at www.northlincs.gov.uk/nlactive/fitforlife. Further information and resources can also be found here. **#NLActive #NLgetmoving #Fitforlife**