

# Best Start COMMUNICATION COUNTS



**TAKE  
TURNS  
WHEN  
TALKING**



**PLAY  
BACK AND  
FORTH**

When you talk to me, give me time to respond back to you. I need lots more time for this than adults!

I can tell you things in lots of different ways, even before I have words! I might look, smile, point, babble or move my body.

When I have had enough I might turn away. Don't worry, I just need a break!

I love looking at your face and into your eyes.

This turn-taking is a bit like a game of table tennis! It is very important for my brain development.

**North  
Lincolnshire  
Council**  
[www.northlincs.gov.uk](http://www.northlincs.gov.uk)

**NHS**  
**North Lincolnshire  
Clinical Commissioning Group**

For more information:

[www.northlincslocaloffer.com/EY-speech-language](http://www.northlincslocaloffer.com/EY-speech-language)

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**Contact your midwife, health visitor, children's centre or early years provider for more information**