



IMAGINATION LIBRARY

North Lincolnshire is working in partnership with the Dollywood Foundation



Group 1
Children born in 2020

Bedtime Baby and Teatime Baby Fun things to do!



Touch is great for your baby. It might seem obvious, but babies love to feel your touch. It makes them feel calm and secure and helps them to bond with you. But did you know that it benefits their health and development too. Visit Tiny Happy People to find out more: www.bbc.co.uk/tiny-happy-people/amazing-babies-mini-hugs/z4k9cqt

Your baby's arrived and you've probably got 101 things on your mind. Don't worry, you're not on your own. The National Children's Trust (NCT) has information and support as your baby develops in their 1st 1,000 days visit: www.nct.org.uk/baby-toddler



Weaning - baby food recipes and advice.

Once your baby reaches 6 months, you'll be discovering the joys of food with them and they'll be learning all about tastes and textures. Visit Tiny Happy People for tips and ideas to make the most of mealtimes with your baby: www.bbc.co.uk/tiny-happy-people/weaning/znbwkm



Making ten minutes a day to share books with your child will make a huge difference to their development
www.northlincs.gov.uk/imagination-library

North Lincolnshire Council
www.northlincs.gov.uk

Ladybird Happy Babies. Your baby will have received one of these books.



Bedtime Baby show one little baby at each stage of bedtime: having his nappy changed, looking at a bedtime story and snuggling down with teddy at the end of the day.



Teatime Baby show one little baby at each stage of her teatime: getting in the highchair, being fed by Mum and having a few spills and splashes. Perfect for sharing with babies and talking about familiar daily routines.



You Are My Sunshine Song:

You are my sunshine
My only sunshine
You make me happy
When skies are grey
You'll never know dear
How much I love you
Please don't take my sunshine away

This song dates back to the 1930s, but its message is timeless. For the lullaby, stick to the chorus.

Softly sing or hum a lullaby to soothe your baby at sleepy times.