Eyes, Nose and Toes
Fun things to do!

- Have fun with your child pointing to facial features and other body parts using a mirror. Babies enjoy having an adult gently touch their nose and tickle their toes. Ask “Where’s Mummy’s nose, Grandad’s eyes?”

- Enjoy a simple game of peek-a-boo using a scarf or hide behind your hands. “Where oh where is……?” Children love the anticipation of seeing you one minute, before you disappear, only to come back again! You could hide their teddy, dinosaur and other favourite toys too.

- **Introduce a range** of simple repetitive rhymes to help develop their understanding of body parts such as: “Eyes, nose, cheeky cheeky chin” from the Scottish BookTrust

Handling books will develop your child’s physical skills, as they turn the pages, lift the flaps, and point to the pictures. You can gently help and show your child how to find the front of the book, the right way up and how to turn the pages. Click here for more top tips

Making ten minutes a day to share books with your child will make a huge difference to their development

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