Group 4
Children born in 2016

Mrs Kapoor and a whole host of animals and friends give chase to a cheeky chapatti in this hilarious modern take on the runaway pancake story. Follow the trail of the chapatti as it bounces and bursts through the book -- where will its adventure end?

Chapatti Moon
Fun things to do!

- Have fun mixing flour and water together to make chapattis and say the rhyme, or let your child help to chop some cauliflower, potatoes or carrots like Mrs Kapoor.

- When you read the book have a collection of toy animals featured in the story ready to use as props.

- Have a picnic lunch on a rug on the floor. Close the curtains to make it a little darker and pretend it’s night time.

- Get active with your child and bounce, jump, bump and spin just like the chapatti did. Children need to be active for 60 minutes a day. Click here for fun Shake Up games to information about active hobbies and sports.

Mix a chapatti, stir a chapatti
Pop it in a pan.
Fry a chapatti, toss a chapatti, catch it if you can.

Chapatti recipe
125 gm of wholemeal flour
Pinch of salt
Tablespoon of olive oil
60mls water
Mix all ingredients together in a bowl.
Divide mixture into 4 and roll out each piece very thinly.
Cook chapatti on both sides until golden brown.

Making ten minutes a day to share books with your child will make a huge difference to their development
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