

**The simple guide to child trauma : what it is and how to help / Betsy de Thierry / illustrated by Emma Reeves**

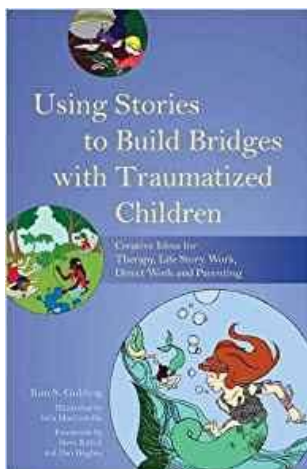
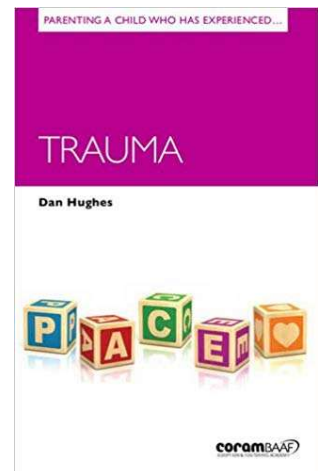
Full of helpful information and advice, this is an introduction to child trauma for any adult caring for or working with a child who has experienced trauma. It explains what trauma is, how it affects children and what adults can do to facilitate recovery.

*Paperback 80 pages*

**Trauma / Dan Hughes with Matthew Blythe**

This text explores traumatic experiences and their effects on children at different stages of development. What constitutes trauma in childhood; specific parenting tasks; educational and social issues and answers to a range of frequently asked questions.

*Paperback 100 pages*



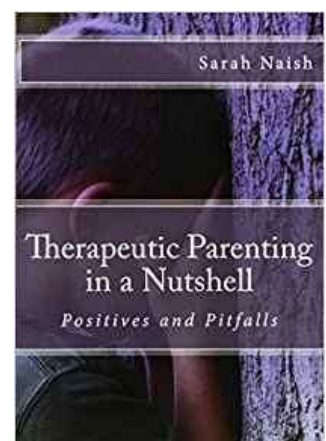
**Using stories to build bridges with traumatized children : creative ideas for therapy, life story work, direct work and parenting / Kim S. Golding**

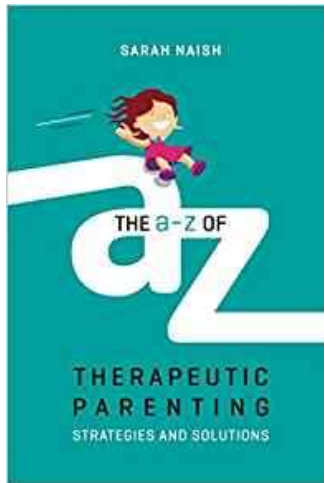
Creative ideas for how you can use stories therapeutically with children in counselling, life story work or direct work. Psychologist Kim S. Golding shows how you can use stories to build connections with children aged 4-16 and support their recovery from trauma and stress. *Paperback 208 pages*

**Therapeutic parenting in a nutshell : positives and pitfalls / Sarah Naish**

Parents of children with attachment difficulties, or who have experienced childhood trauma, need to parent differently to meet their child's specific needs and help them start to make sense of the world.

*Paperback 52 pages*





**The A-Z of therapeutic parenting : strategies and solutions / Sarah Naish**

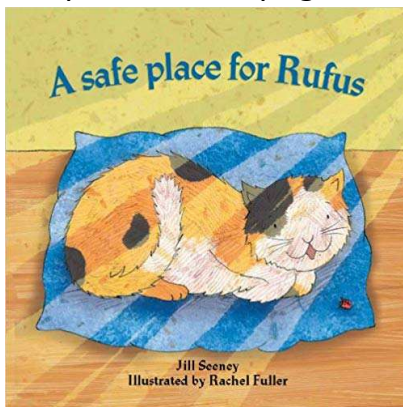
Therapeutic parenting is a deeply nurturing parenting style, and is especially effective for children with attachment difficulties, or who experienced childhood trauma. This book provides everything you need to know in order to be able to effectively therapeutically parent.

*Paperback 344 pages*

**Creating loving attachments : parenting with PACE to nurture confidence and security in the troubled child / Kim S. Golding and Daniel A. Hughes**

This work will help parents and carers understand how parenting with love and PACE (playfulness, acceptance, curiosity and empathy) is invaluable to a child's development.

*Paperback 240 pages*



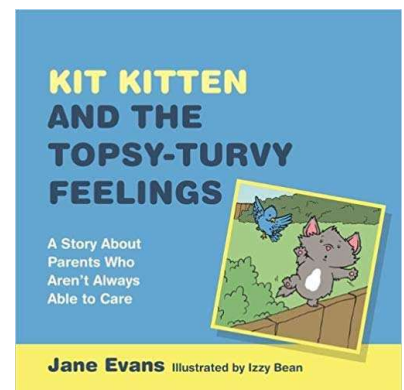
**A safe place for Rufus / written by Jill Seeney / illustrated by Rachel Fuller**

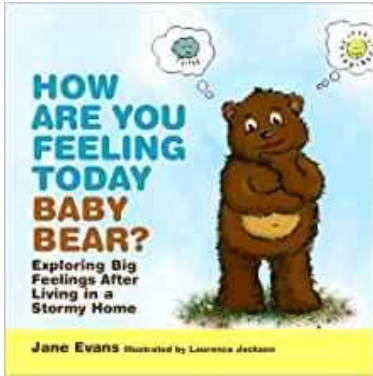
Rufus the cat lives with a family who looks after him. He feels happy and safe. But he didn't always feel this way. The family that Rufus used to live with were not kind to him at all and he struggles to escape from his bad memories. *Paperback 20 pages*

**Kit Kitten and the topsy-turvy feelings : a story about parents who aren't always able to care / Jane Evans / illustrated by Izzy Bean**

A therapeutic storybook for children aged 2 to 6 about a kitten whose parent who isn't always able to care. To help support Kit Kitten, Kindly Cat comes to their house and helps Kit to identify the feelings that were mixed up.

*Paperback 32 pages*





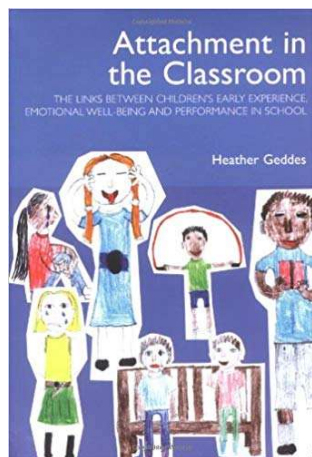
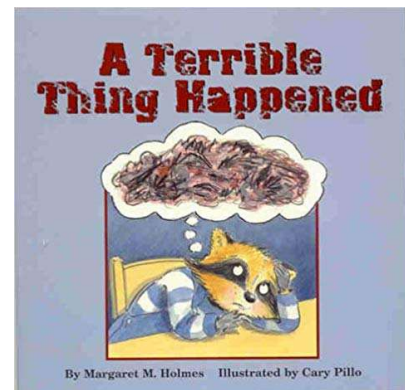
**How are you feeling today baby bear? : exploring big feelings after living in a stormy home / Jane Evans**

A story to help children aged 18 months to 6 years who have lived with violence in their home. One night, Baby Bear hears a big storm downstairs in the house and his tummy starts to feel grey and rainy.  
*Hardback 32 pages*

**A terrible thing happened / Margaret M. Holmes**

A story for children who have witnessed a violent or traumatic episode, including physical abuse, school or gang violence, accidents, homicide, suicide, and natural disasters such as floods or fire.

*Paperback 32 pages*



**Attachment in the classroom : the links between children's early experience, emotional well-being and performance in school / Heather Geddes**

Every day, teachers and other school staff have to deal with children who present challenging behaviour during their learning process at school. This book combines the fundamental principles of attachment theory with teacher-based examples, and practical interventions.

*Paperback 180 pages*

**Teaching the child on the trauma continuum / Betsy D. E. Thierry**

This book shows how teachers, while not specialist mental health professionals, can provide skilled and effective help within school and the classroom to children and young people for them to recover from trauma.

*Paperback 148 pages*

