

## **Do you understand me? / Sofie Koborg Brsen**

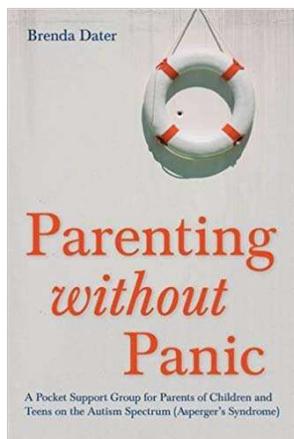
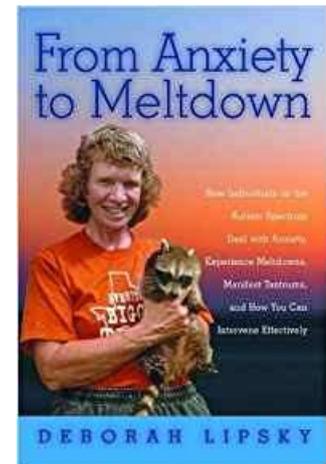
Sofie Koborg Brsen is 11 years old and, like other children of her age, goes to a school. But Sofie is not the same as everyone else - she has autism spectrum disorder. This book describes her day-to-day life and tells readers about things she finds difficult.

*Paperback 56 pages*

## **From anxiety to meltdown : how individuals on the autism spectrum deal with anxiety, experience meltdowns, manifest tantrums, and how you can intervene effectively / Deborah Lipsky**

Drawing on her own experience, the author distinguishes between meltdowns and tantrums, showing how they are different, how each can begin, and most important, how to identify triggers.

*Paperback 236 pages*



## **Parenting without panic : a pocket support ground for parents of children and teens on the autism spectrum (Asperger's syndrome) / Brenda Dater**

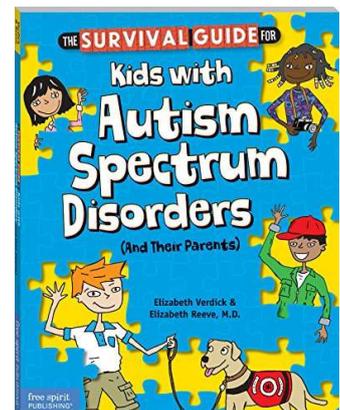
This book covers everything from the first steps to take after diagnosis, to advocacy and disclosure, behaviour, building independence and resilience, making friends, holidays and vacations, homework, supporting siblings, and how parents can look after their own wellbeing.

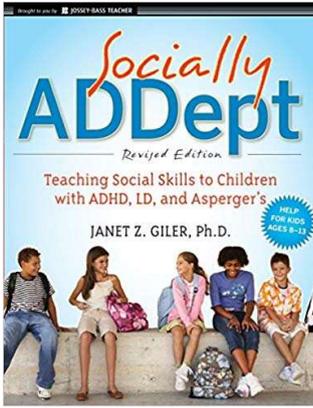
*Paperback 240 pages*

## **The survival guide for kids with autism spectrum disorders : (and their parents) / Elizabeth Verdick**

A comprehensive resource for understanding conditions and finding tools to cope with the challenges faced every day.

*Paperback 240 pages*





**Socially ADDept : teaching social skills to children with ADHD, LD, and Asperger's / by Janet Z. Giler**

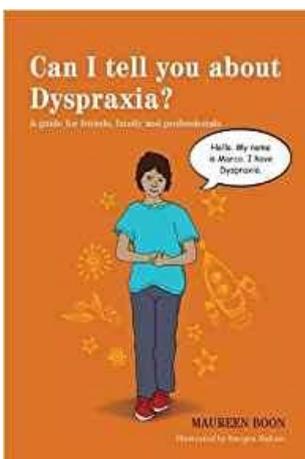
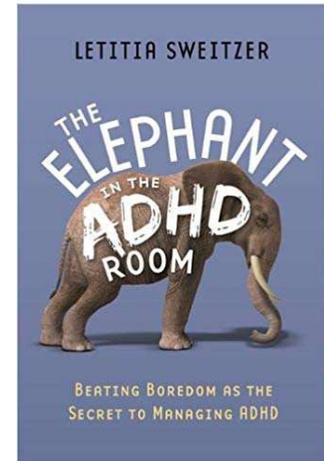
All the information parents and professionals need to know to help kids learn social skills in simple, concise explanations.

*Paperback 228 pages*

**The elephant in the ADHD room : beating boredom as the secret to managing ADHD / Letitia Sweitzer**

This practical resource will provide professionals who diagnose, treat, coach, and teach those with ADHD or those who suffer from frequent or pervasive boredom, with the tools to alleviate the discomfort of boredom in order to improve both concentration and mood.

*Paperback 240 pages*



**Can I tell you about dyspraxia? : a guide for friends, family and professionals / Maureen Boon / illustrated by Imogen Hallam**

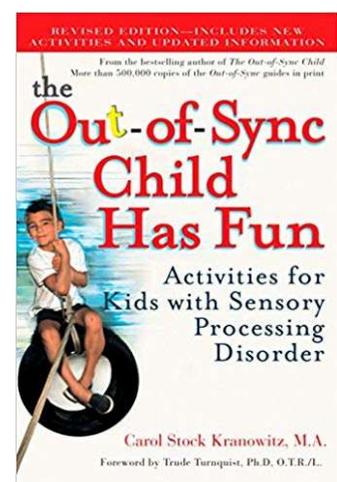
Meet Marco - a boy with dyspraxia. Marco invites readers to learn about dyspraxia from his perspective, helping them to understand what it is and what it feels like when he sometimes struggles to control his movement and coordination.

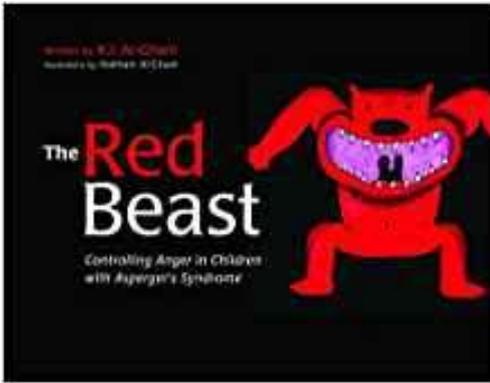
*Paperback 56 pages*

**The out-of-sync child has fun : activities for kids with sensory processing disorder / Carol Stock Kranowitz**

New activities that parents of kids with Sensory Processing Disorder can do at home with their child, along with updated information on which activities are most appropriate for children with coexisting conditions such as Asperger's, autism, and more.

*Paperback 322 pages*





**The red beast : controlling anger in children with Asperger's syndrome / K.I. Al-Ghani**

This fully illustrated children's storybook presents an accessible, fun way to talk about anger. It also includes useful tips about how to 'tame the red beast' and gives guidance for parents on how anger affects children with Asperger's syndrome.

*Hardback 48 pages*