



Activity Sheet 6



L N R



Art & Design

Look for these colours on the reserve:

Red, Yellow, Orange, Purple, Lilac, Pink, Blue, Green, Brown, Black, White, Grey.

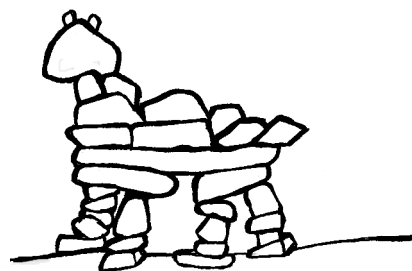
How many did you find?

Nature Art

Gather a selection of natural materials – these could include bark, soil, twigs, leaves, grasses, petals, berries, and mosses. Using these natural materials, create a picture by pressing the colours out of them.

Natural Sculpting & Sensing

What materials do you think birds use to build their nests? Look around the reserve and collect materials to construct a nest of your own. This could be a small nest made by an individual, or it could be made on a larger scale by the group. Look for fallen leaves, twigs, feathers, grasses, branches, moss.



Gather a range of natural materials such as twigs, sand, stones, pine cones, feathers (clay could also be provided). Make a sculpture of an animal seen on the reserve, or of your favourite animal.

Find a space to sit or stand in. Using all your senses, get to know the environment around you. You can use your hands to touch the ground, soil, plants around you. Use your sense of smell to explore the scents around you. Use your eyes to look at the colours and patterns. Use your ears to listen to the noises around you. Try doing this for 5-10 minutes. As a group, discuss the different feelings you all experienced.

You could draw or write a poem about your experience.