

Activity Sheet 1



Why do you think Local Nature Reserves are important?

Read through the Country Code and identify the rules that you feel are the most important for this reserve and why?
 What changes do you think have taken place in and around the reserve in the last 100 years?
 Find a spot to stand or sit under some trees - how does it make you feel?
 Circle all the words that describe your feelings and then repeat the activity for an open area of grassland.

Then identify the opposite words using arrows

Woods		Grassland	
Hot	Dry	Hot	Dry
Windy	Dark	Windy	Dark
Noisy	Smelly	Noisy	Smelly
Cold	Ugly	Cold	Ugly
Calm	No trees	Calm	No trees
Quiet	Wet	Quiet	Wet
Light	Fresh	Light	Fresh
Beautiful	Trees	Beautiful	Trees
Plants	Clean	Plants	Clean
Dirty	No plants	Dirty	No plants
Friendly	Dull	Friendly	Dull
Like	Hate	Like	Hate
Interesting	Scary	Interesting	Scary

**How could we make the reserve better for wildlife?
 How could we make the reserve better for people?**

What would you like to see here? Write down your first thoughts and how you feel these may affect the reserve. Look around the site and see if you still agree with your initial thoughts. As a group discuss your thoughts and record your conclusions.

OTHER ACTIVITIES

Microtrails - mark out a short trail with string. Pupils observe in detail what is on that trail with a magnifying glass and record what they find. Leaves, feathers, seeds can be collected to reproduce the trail back in the classroom.

Draw wildflowers - observe, draw and try to identify the flowers.

Colour - Using DIY colour charts ask the pupils to try to find those colours in the natural environment.

Colour and Camouflage - paint cards in the colours that were discovered on site. In 2 teams, each team hides their cards in a designated part of the site. The other team has to discover them. Do they blend in effectively? How easy were they to find? Which were the hardest to find?



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